## The Prime Times



### **NEWSLETTER**

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# Education & Capacity Building

### Glorious Celebration of Academic Excellence at the 2024 Convocation of PMC, PDC, RNC

The convocation hall buzzed with electrifying energy as students, bedecked in their academic regalia of caps and gowns, radiated an aura of pride and accomplishment. Proud parents observed with gleaming smiles, their hearts brimming with joy as they witnessed their sons and daughters adorned with multiple gold medals. It was a monumental occasion, the culmination of years of unwavering dedication, relentless determination, and countless sacrifices. Each graduate stood as a testament to



their academic prowess and the myriad obstacles they had surmounted to attain this pinnacle of success. The atmosphere reverberated with thunderous applause and cheers, echoing the collective spirit of excellence that permeated the hall. In this sacred setting, dreams were not merely realized but flourished, and futures were not just envisioned but forged with resolute purpose.

The Convocation of 2024, held on April 20, 2024, in the illustrious city of Peshawar, was a grand spectacle, marking a significant milestone in the academic journey of graduates from esteemed institutions like Peshawar Medical College (PMC), Peshawar Dental College (PDC), and Rufaidah Nursing College (RNC), all affiliated with the prestigious Riphah



International University. The event was graced by a constellation of distinguished guests, esteemed faculty members, proud parents, and, of course, the accomplished graduates themselves. The Chief Guest, the venerable Prof. Dr. Anis Ahmad, Vice-Chancellor of Riphah International University, along with the esteemed Asadullah Khan, the guest of honor, and a host of other dignitaries including Prof. Dr. Najibul Haq, Patron of Prime Foundation, Dr. Iftikhar Husain, CEO, Prof. Dr. Hafeezur Rahman, Dean of PMC, Prof. Dr. Saeed



Anwar, Executive Director, Prof. Dr. Mohammad Aman Khan, Principal of PMC, and Prof. Dr. Shamim Akhtar, Principal of PDC, Irum Afsar Ali, Principal and Malik Taj, Director RNC, added a touch of grandeur to the occasion, rendering it an affair to be remembered.

Amidst the splendor and pageantry, the crowning moment of the event was undeniably the conferral of degrees upon the graduates by the Chief Guest and the Vice-Chancellor of Riphah University. In his stirring address, Prof. Anis Ahmad implored the graduates to embrace their roles as catalysts for change and champions of humanity. He underscored the importance of upholding the highest professional standards and embodying virtues such as godliness, excellence, and compassion in all their endeavors. The graduates were urged to align their actions with spiritual values, seeking divine approval and finding true fulfillment and contentment in their pursuits.

The ceremony was punctuated by moments of sheer brilliance, as outstanding achievers were lauded and celebrated for their extraordinary accomplishments.

From Faima Fawzan's remarkable tally of thirteen gold medals to Khansa's outstanding twelve medals in BDS and Hafiza Ayesha Jawaid's stellar performance



with ten medals in the MBBS program, each recipient stood as a shining testament to academic excellence and unwavering perseverance.

Notable mentions included BDS graduates Lalina Taj Hameed and Imama Gul-e-Lala, each with nine medals, Zainab Noor, Amina Akhtar, Alina Ali, Shagufita Naz, Amina Akhtar, and Zainab Noor, each with eight medals, Hiba Sajjad with six medals, Suneela Inayat, Sara Danish, Karishma and Hamna Afraz with four medals each, Hina Tahir, Laiba Jalal, Mahnoor Fatima, Ayesha Siddiqa, Rasha Khalid

with three medals each, and Malaika Khan and Gulalai Noor, Hafiza Fatima Jawaid, Samreen, Tahreem Zaman and Hajra Ahmad with two gold medals each. Additionally, Maleeha Afridi, Zainab Sadiq, Zahawa Salam, Imama Ali, Arooba Amin, Kanwal Wahab, and Marwa Ashfaq, Wafa Faheem, Saman Bibi, Marghalara Noor, Bakhtawar and Aiman Zafar were honored with one gold medal each.

Among the MBBS graduates, Hafiza Ayesha Jawaid clinched a remarkable ten medals, followed by Bibi Maryam and Hammad Khalil with nine medals each, and Muhammad Qasim Safi with eight medals. Syeda Tabreek Motahir achieved six medals, while Ishrat Fatima, Momina Rahman, Zainab Yousfi, and Mariyah Saqib Qureshi,Nayab Aziz earned five medals each. Syed Owais Ali Shah received four medals, while Zia Ullah, Rabia Rahim, and Rabeena



Ihtesham received two medals each. Additionally, Mazhar Shahzad, Ahmad Amar Khattak, Tariq Aziz, Hira zman, Hira Tahir, Mah Noor Ataullah, Ilyas Ahmed, Arisha Hoor Shahzadi, Sandus Parvez, Ammar Ahmed, Iqrat Ul Iman, and Eman Fazal, Alyia Murad Uzma Akbar, Tayyaba Bakhtiar, Omama Naeem, Nayab Aziz Khan, Omair Hassan Khattak, Nooria Shahid, Shahana Wahab, Huma Gul, Sami Ullah were each honored with one gold medal.

Among the Nursing graduates, distinguished recipients of BS Nursing distinctions included Mehrun Nisa, Habib Ur Rahman, Sara Philboos, Rumman Khan, Zohaib Sami, and Muhammad Usman. Post-Nursing graduates Sumbal Waris, Uzma Shaheen, Ghazala Zarin, Amna Bibi, Faryal Rafqat, Naila Mohib, and Alamzeb also received medals for their exemplary performance.

PhD Scholar Dr. Abbas Salim Khan and MPhil Scholars Dr. Sana Ahmed, Dr. Samina Rehman, Dr. Amra



Dr. Hayat Awan, Shamim, Dr. Sahibzadi Fatima Tariq, Sara Yousuf, Sadia Rafiq, Natasha Kamran, Ijaz Ahmed, Ashfaq Ahmed, and Maria Hanif were awarded gold medals for their outstanding research efforts. The Convocation of 2024 was testament unwavering commitment to excellence in education and the remarkable achievements of the graduating students. Their outstanding

accomplishments serve as an inspiration to future generations, underscoring the paramount importance of dedication, perseverance and academic excellence in shaping a brighter future for all.

### The 17th UMR Conference at PMC: Mapping New Horizons in Medical Research

The 17th Undergraduate Medical Research Conference (UMR) held at Peshawar Medical College (PMC) on March 6th and 7th, 2024, marked a significant milestone in scholarly exchange and intellectual discourse within the medical community. Organized by the Department of Undergraduate Medical Research at PMC, in collaboration with Peshawar Dental College and Rufaidah Nursing College, the conference provided a premier platform for students and professionals to showcase their research findings and engage in insightful discussions.





valuable insights and perspectives.

#### Opening Ceremony Highlights:

The Chief Guest, Prof. Dr. Zahoor Ahmad Swati, commended the organizers for providing a platform for youth to share their experiences and urged for the utilization of the nation's resources to address pressing challenges.

Prof. Dr. Hafizur Rahaman condemned the genocide of Palestinians by Israel and appealed to support the cause of free Palestine. Dr. Nadeen Akhtar highlighted the need for



including Prof. Dr. Anis Ahmad (VC, Riphah International University), Prof. Dr. Zahoor Ahmad Swati (former VC, Agriculture University), Dr. Nadeen Akhtar (CEO of HCC, KP), Dr. Iftikhar Hussain, Shahid Warsi (CEO of AFAQ), Prof. Dr. Hafizur Rahaman (Dean, PMC), Prof. Dr. Saeed Anwar (Executive Director), Prof. Dr. Aman Khan (Principal, PMC), and Prof. Dr. Shamim Akhtar (Principal, PDC). Their presence added immense value to the event, offering

The conference welcomed esteemed



research with a focused approach to make a tangible difference in disease control and management, while Shahid Warsi underscored the importance of data-driven decision-making in achieving sustainable development and profitability. Dr. Hala Rajab, Director of UMR at PMC, emphasized the conference's significance as a forum for researchers to showcase their findings and exchange ideas.

#### Conference Activities:

Workshop: Prof. Dr. Muhammad Irfan led an engaging workshop on "Social Intelligence and Empathetic Thinking," emphasizing the importance of compassion and understanding in teamwork.

Research Skill Stations: Various skill stations, led by experts such as Dr. Bushra Mehboob, Dr. Mifrah Rauf Sethi, Dr. Munazza Baseer, and Ms. Dure Nayab,



provided participants with practical insights into qualitative research, publishing articles, referencing using Mendeley, and data analysis with SPSS.

Panel Discussion: Esteemed panelists, including Prof. Dr. Ahsan Mehmood, Prof. Dr. Muhammad



Idrees, Dr. Khadija Abdullah, and Dr. Zia Ullah, discussed "Reaching the Peak of Success - Navigating Research and Career Pathways," offering invaluable guidance to aspiring researchers.

Closing Ceremony Highlights:

Prof. Dr. Anis Ahmad, the chief guest of the closing ceremony, underscored the paramount importance of scientific exploration for the

betterment of humanity. Dr. Hala Rajab shared with enthusiasm that a total of 137 abstracts were submitted for the conference. Notably, there was extensive participation from all corners of Pakistan, reflecting an upward trend compared to previous years.

The conference recognized the outstanding achievements of distinction holders across various categories:



Basic and Clinical Sciences:1st Position: Maaz Bin Zahid, Khyber Medical College,2nd Position: Syed Zulgarnain, Peshawar Medical College,3rd Position: Muhammad Ahmad, Khyber Medical College



Medical Education:1st Position: Maha Rehman, Peshawar Medical College,2nd Position: Syed Abdullah Faisal, Peshawar Medical College,3rd Position: Muhammad Daniyal Asjad, Shalamar Medical and Dental College

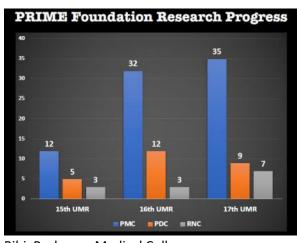
Public Health and Social Sciences:1st Position: Noor Ul Ain, Peshawar Medical College,2nd Position: Manahil Fayaz, Peshawar Medical College,3rd Position: Hajra, Peshawar Medical College Mental Health and Behavioral Sciences:1st Position: Sara Shoaib, Peshawar Medical College,2nd Position: Aimen Sajid, Peshawar Medical College,3rd Position: Urooj Khan, Khyber Medical College

**Research Verbal Competition:** 

Basic and Clinical Sciences:1st Position: Sarmad Ali, Peshawar Medical College,2nd Position: Syed Hassan, Nowshera Medical College,3rd Position:

Ahad ali Nazir, Rehman Medical College





Hamza Farooq, Peshawar Medical College,2nd Position: Haida Asghar, Fazaia Medical College,3rd Position: Hamza Khan, Peshawar Medical College

Public Health and Social Sciences:1st Position:

Medical Education:1st Position: Muhammad Uzair Saljoqi, Peshawar Medical College,2nd Position: Abdal Ahmad, Peshawar Medical College,3rd Position: Fazal Rahim, Rufaidah Nursing College

Quiz Competition:1st Position: Aliya Saeed, Peshawar Dental College,2nd Position: Nagina, Khyber College of Dentistry,3rd Position: Hamna

Bibi, Peshawar Medical College

Videography Competition: 1st Position: Sulaiman Hussain, Northwest School of Medicine, 2nd Position:

Zahoor Ahmad Khan, Northwest School of Medicine,3rd Position: Zeeshana, Rufaidah Nursing College

The 17th **UMR** Conference **PMC** at emerged as a testament to the commitment towards advancing medical knowledge and fostering collaboration medical within the community. The event's resounding success



highlights the significance of such initiatives in nurturing future leaders and driving innovation in medical research and education, ultimately contributing to the betterment of society.

### Peshawar Medical College Embraces the Fresh Breed of Budding Doctors in MBBS, Session 2023-2024

In a momentous event, the orientation program for 1st-year MBBS students at Peshawar Medical College (PMC) unfolded with an atmosphere of great enthusiasm and academic zeal. The gathering was honored by the esteemed presence of key figures, including Prof. Dr. Aman Khan, Principal of PMC, Prof. Dr. Fozia Wahab, Vice Principal , PMC, Prof. Dr. Riaz Nasim, Vice Principal ,PMC and Dr. Mohsina Haq.



Prof. Dr. Aman Khan, Prof. Dr. Fozia Rauf, Prof. Dr. Riaz Nasim, and Dr. Mohsina Haq took the stage to share their insights with the attendees.



Prof. Mohammad Aman Khan, in his address to the incoming students, underscored the significance of character development and the cultivation of effective learning skills for a successful academic journey.

Prof. Aman Khan provided a glimpse into the contemporary health landscape, urging students to stay abreast of advancements and contribute to healthcare solutions. He emphasized the importance of maintaining the decorum of the institution.

Dr. Mohsina Haq, Chairperson of the Social Welfare Society (SWS) at PMC, elucidated the goals of SWS, with a focus on their welfare endeavors. She encouraged active participation in social welfare activities, fostering a sense of responsibility towards the community.

The orientation program served as a vital platform for new MBBS students to acquaint themselves with the academic ethos of PMC,



instilling in them a sense of purpose and a commitment to community engagement.





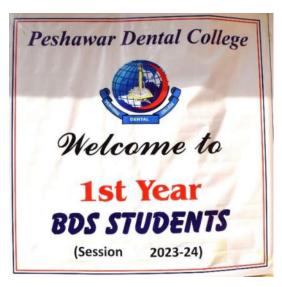
As these students embark on their educational journey, PMC remains unwavering in its commitment to nurturing future healthcare leaders dedicated to both excellence and social responsibility.







#### Peshawar Dental College extends Welcome to 1st Year BDS Students Session 2023-2024



The Peshawar Dental College kicked off a new academic year with immense enthusiasm as fresh students and esteemed faculty members gathered for the welcome event of the BDS 1st Session 2023-2024. Prof. Dr. Shamim Akhtar, Principal of Peshawar Dental College, graced the occasion and extended a warm welcome to the budding dentists. Her inspirational words set the tone for a successful academic journey. She encouraged the fresh students to work hard to achieve excellence, embrace modern trends, maintain discipline, and uphold the decorum of our esteemed institution.

Dr. Shahab Adil, another distinguished speaker at the event, shared valuable insights and motivated the students to embark on their dental education journey with dedication and passion.









### Peshawar Medical Welcomes Tomorrow's Healers in Milestone White Coat Celebration

Peshawar Medical College recently celebrated a significant milestone with its White Coat Ceremony, symbolizing the induction of new students into the medical profession. Distinguished guests, including Dr. Iftikhar Husain, CEO, Prof. Dr. Hafeez Ur Rahman, Dean, Prof. Dr. Saeed Anwar, Executive Director,



and Prof. Dr. Mohammad Aman Khan, Principal, PMC, graced the occasion, joined by faculty members, students, and parents.



In his address, Prof. Dr. Hafeez Rahman Ur underscored the importance of cultivating positive attitude, expressing gratitude, fostering professional competence, and striving for excellence. He urged the new students to take pride in their institution and contribute to their country's well-being.

Prof. Dr. Mohammad Aman Khan, Principal of

PMC, provided insights into cultivating cultural values, adhering to a dress code, and maintaining decorum. He emphasized the significance of respecting elders and upholding the institution's values.



inspiration to the aspiring medical professionals.

Dr. Naumanullah Wazir, Associate Prof. of Anatomy, administered the oath to the budding medical experts, emphasizing the commitment to ethical medical practices and responsible conduct in their academic journey.

The event also featured alumni members, including Dr. Mohsina Haq, Dr. Nomanullah Wazir,Dr. Ziaullah, Dr. Sulaiman, and Dr. Salman Afridi, who shared cherished memories and insights from their time at PMC, offering

The White Coat Ceremony served as a poignant reminder of the responsibilities accompanying a medical education and the values forming the foundation of a successful medical career. It was a day filled with motivation, guidance, and the promise of a bright future for the new batch of students at Peshawar Medical College.







### Peshawar Dental College Celebrates White coat ceremony

Peshawar Dental College (PDC) hosted its prestigious White Coat Ceremony, a significant event attended by esteemed figures in the medical field, dedicated faculty members, enthusiastic students, and proud parents.

The event featured key personalities, including CEO Dr. Iftikhar Husain, Prof. Dr. Hafeez ur Rahman

,Dean, PMC, Prof. Dr. Saeed Anwar Executive Director, Prof. Dr. Mohammad Aman Khan ,Principal, PMC, and Prof. Dr. Shamim Akhtar ,Principal, PDC. Dr. Saba Siraj skillfully managed the proceedings as the stage secretary.

Addressing the audience, Prof. Dr. Hafeez ur Rahman extended heartfelt congratulations to the students, commending





Dr. Nasiha Mottahir administering the oath to the budding dentists.

During the ceremony, Dr. Moshayyada Durani, Dr. Laleena, Dr. Mah Noor Fatima, Dr. Gulsanga Shams and Dr. Ayesha Tahir shared their experiences and memories with the audience. As their voices filled the room, a sense of collective inspiration enveloped all present, affirming the enduring power of storytelling to unite, empower, and uplift.

their achievement in gaining admission to the esteemed dental profession. He emphasized the importance of cultivating a positive attitude of gratitude, professional competence, ethical values, and a profound love for learning while maintaining respect for teachers.

Prof. Dr. Shamim Akhtar highlighted PDC's commitment to providing state-of-the-art facilities and attitudinal training to produce well-mannered doctors. The ceremony also witnessed



The White Coat Ceremony not only marked a significant milestone in the academic journey of the students but also underscored PDC's dedication to nurturing skilled and compassionate professionals in the field of dentistry.



### Peshawar Medical College Elevates Teaching Faculty to Prominent Positions

Peshawar Medical College (PMC) has recently announced significant promotions within its esteemed teaching faculty, recognizing their expertise and dedication in their respective fields. The competent authority has elevated Dr. Syed Tahir Shah to the prestigious position of Professor of Cardiology, Dr. Mohammad Usman to Assistant Professor of Ophthalmology, and Muhammad Ishfaq to Assistant Professor of Surgery. These promotions underscore PMC's commitment to academic excellence and the advancement of medical education and research.

As PMC continues to strive for excellence, these faculty members will undoubtedly play pivotal roles in shaping the future of medical education and research in the region.







### Certificate in Health Professions Education (CHPE) 2024 program held at Peshawar Medical College

The first contact session of the Certificate in Health Professions Education (CHPE) 2024 program at Peshawar Medical College concluded on a high note, marking a significant step forward in advancing healthcare education. This program, jointly organized by the Department of Health Professions Education & Research, PMC, and Riphah International University, brought together distinguished resource persons to enlighten participants on crucial aspects of healthcare education.

The CHPE-2024 program spans a total duration of six months, comprising 24 weeks of intensive academic engagement. The curriculum is structured around three contact sessions, each



supplemented with a dedicated pre-reading period of two weeks, ensuring a thorough exploration of key topics related to health professions education.

This esteemed group of professionals played a pivotal role in delivering insightful lectures, workshops, and hands-on activities to equip participants with the necessary skills and knowledge in health



professions education. Prof. Ayesha Abdullah introduced the coursework, Prof. Najib ul Haq discussed the purpose and impact of education at individual, societal, national, and global levels, and Dr. Mushyida Durrani focused on the integration ladder. Prof. Junaid Sarfaraz Khan covered professionalism and the role of the teacher, and Dr. Neelofar Shaheen addressed goals, objectives, and outcome-based education. Prof. Alam Sher Malik delved into the theoretical underpinnings and historical perspective.

Dr. Imran Khan shared valuable insights into

understanding the human mind and its application in healthcare education. Dr. Munazza Baseer

explored vital elements of creating an effective educational environment, while Dr. Bushra Mehboob guided participants on practical ways to apply educational theories in their teaching practices.

The CHPE 2024 program provided a comprehensive platform for healthcare professionals to enhance their teaching skills. Participants engaged in enriching discussions, workshops, and hands-on activities, gaining valuable insights into the dynamic field of health professions education.



The CHPE 2024 program served as a comprehensive platform for healthcare professionals to enhance their teaching skills. Participants actively engaged in enriching discussions, workshops, and hands-on activities, gaining valuable insights into the dynamic and evolving field of health professions education. The collaborative effort of the presenters contributed to the success of the workshop, fostering an environment of continuous learning and improvement in healthcare education.

The CHPE-2024 program at Peshawar Medical College aims to foster excellence in healthcare education, enhance curriculum development skills, promote professionalism in the healthcare sector, and provide a platform for networking and collaboration among healthcare professionals. As Peshawar Medical College embarks on this academic journey with the CHPE-2024 program, it reiterates commitment to shaping the future of healthcare education. This program not only enriches the



knowledge base of participants but also contributes significantly to the overall advancement of the healthcare sector in Pakistan. For further inquiries or information, please contact [Your Contact Information].



### Peshawar Medical College Celebrates 6th CHPE Graduation Ceremony

The Certificate Distribution Ceremony for the 6th Course in Health Professional Education was held at Peshawar Medical College (PMC), marking the successful culmination of a six-month-long program organized by the Department of Health Education and Research, PMC, in collaboration with Riphah International University. Prof. Dr. Hafiz ur Rahman: Dean, PMC, Prof. Dr. Mohammad Aman Khan: Principal, PMC, Prof. Dr. Ayesha Abdullah: Head of Department, Health Education and Research, PMC graced the ceremony. Thirty-four dedicated individuals successfully completed the comprehensive program and the certificates were presented by Prof. Dr. Hafiz ur Rahman and Prof. Dr. Mohammad Aman Khan, acknowledging the participants' commitment and achievement.



Prof. Dr. Hafiz ur Rahman reflected on the initiation of the journey of capacity building for medical teachers in 2009. "Over the years, the Department of Medical Education and Research has played a pivotal role in conducting standard courses, graduating around 200 professionals and setting an exemplary standard for the country," remarked Prof. Hafiz.

Prof. Dr. Ayesha Abdullah highlighted the commitment to education by mentioning that the Certificate Course in Health Professional Education (CHPE) was initiated in 2011. "Each iteration of the course provided new experiences, with engaging and enriching interactions between participants and resource persons. The primary goal of the course was to identify the role of a teacher in society, fostering insight, and recognizing the teacher's crucial role in shaping the future generation". Prof. Dr. Ayesha encouraged participants to contribute to societal development, break barriers and ignite minds to transmit knowledge effectively.

Course participants, including Dr. Najmuddin, Dr. Ayesha Ali, and Dr. Noman Khan, shared their learning experiences with the audience. They described the course as marvelous, interactive and focused on attitudinal change and personality development, addressing essential aspects of effective teaching. Participants provided suggestions for a more efficient, effective, and impactful program.

The event served as a testament to the Prime Foundation's dedication to setting high standards for medical education.

### **Empowering Future Healthcare Professionals:**Prime Institute of Allied Health Sciences

In the heart of Peshawar, Pakistan, the Prime Institute of Allied Health Sciences (PIAHS) stands as a beacon of excellence in education, research, and community service. A proud project of the esteemed

Prime Foundation (affiliated with Peshawar Medical College), PIAHS is strategically located in Garhi Sherdad, near Madrassa Zia ul Islam on Warsak Road, approximately 17 kilometers from PMC, in close proximity to Warsak Dam and the Kabul River.

Affiliated with the Faculty of Paramedics & Allied Health Sciences, Khyber Pakhtunkhwa, PIAHS is dedicated to preparing the next generation of healthcare professionals. The institute's mission is clear: to provide quality



education and training in Allied Health Sciences, equipping students with the knowledge, skills, and ethical values essential for success in their healthcare professions.

Aspires to be a leading institute in the region, PIAHS envisions recognition for excellence in education,



research, and community service. The goal is to produce highly skilled and compassionate healthcare professionals who will make a positive impact on the health and well-being of individuals and communities.

PIAHS offers a diverse range of 2-year diploma programs in various disciplines of Allied Health Sciences, including Health Technology, Pathology Technology, Surgical Technology, Radiology Technology, and Dental

Technology. The curriculum is thoughtfully designed to meet the dynamic needs of the healthcare industry, integrating theoretical knowledge with hands-on practical training and clinical experiences.

At PIAHS, academic excellence takes precedence, with a focus on fostering critical thinking, research, and innovation.



The institute boasts a team of dedicated faculty members—experienced professionals who are passionate about teaching and mentoring students, ensuring they receive the highest quality education and guidance.

Recognizing the importance of a well-rounded educational experience, PIAHS provides ample opportunities for co-curricular activities, professional development, and community engagement. Students actively participate in outreach programs, health campaigns, and community service initiatives, honing their skills and compassion while making a positive impact on society.

PIAHS is committed to upholding the highest ethical standards, promoting values such as integrity, respect, and empathy. The institute strives to cultivate a supportive and inclusive learning environment, celebrating diversity and bringing students from various backgrounds together to learn and grow. For those aspiring to become skilled allied health professionals, PIAHS stands ready to provide the knowledge, skills, attitude, and opportunities needed to achieve their goals. The institute invites individuals to embark on a transformative educational journey, where, together, they can make a meaningful difference in the field of healthcare. Join PIAHS and be part of shaping the future of healthcare professionals in Peshawar and beyond.









### Lecture on Chronic Kidney Disease (CKD) with Proteinuria at Peshawar Medical College

A lecture on Chronic Kidney Disease (CKD) with Proteinuria was organized at Peshawar Medical College. The event was graced by the presence of Dr. Zahid Farooq, who shared his valuable insights and expertise on this critical healthcare topic. The lecture drew significant attendance from both students and faculty members of PMC.



Prof. Dr. Mohammad Aman Khan, Principal, Peshawar Medical College, presented a shield to the guest speaker, Dr. Zahid Farooq, in appreciation of his commitment to sharing knowledge with the academic community.

Dr. Zahid Farooq, a renowned expert in the field of nephrology, delivered a comprehensive lecture on

Chronic Kidney Disease (CKD) with a specific focus on Proteinuria. He emphasized the rising prevalence of proteinuria as a significant complication associated with CKD.

The lecture by Dr. Zahid Farooq on CKD with Proteinuria proved to be a significant academic and professional development opportunity for the attendees. The event serves as a testament to our commitment to advancing medical knowledge and fostering a culture of continuous learning.







#### The Issue of Palestine: Facts and Historical Background

Title: The Issue of Palestine: Facts and Historical Background

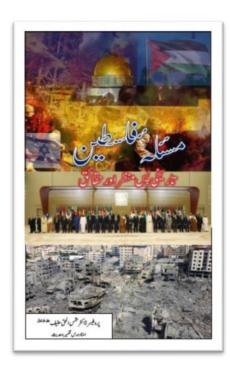
Language: Urdu

Author: Prof. Dr. Shamsul Haq Haneef, Head of Islamic Studies Department, Peshawar Medical College.

In his book, "The Issue of Palestine: Facts and Historical Background," Prof. Dr. Shamsul Haq Haneef delves into the significance of Masjid Aqsa

in the light of the Quran and Sunnah, emphasizing its sacredness and importance as well as its connection to divine guidance. He provides a detailed historical overview of Aqsa Mosque, highlighting its role in the second part of the journey of Miraj and how the Holy Prophet led the prophets there, becoming the Imame Ambia.

Analysis of Hamas Resistance and Current State of Palestine



Prof. Haneef analyzes the role of Hamas resistance, discussing its reasons and how it prepared people for resistance by instilling a sense of Jehad in Muslims. He examines the impact of Hamas resistance on differentiating true and false narratives among nations, exposing the double standards of human rights claims in the West. Furthermore, he evaluates the current state of Palestine, shedding light on the conspiracy behind the establishment of Israel and the settlement of Jews in the occupied area under the cover of the UK and the League of Nations. He highlights the injustices faced by Muslims, including atrocities, attacks, and restrictions on entry to Masjid Aqsa.

The author Rejects the stance that land of Palestine was bestowed to Jews argues that it was granted to believers and not to dynasty of bni Israeil , He cites evidences of the dislodging of Jews from Palestine in different phases of history and the control of Palestine by the second caliph Umar and later by Saladin. He criticizes the disproportionate distribution

of land between Jews and Muslims by the UN, ignoring the Muslim majority in the region. Additionally, Prof. Haneef exposes the roles of Russia, the USA, and the UK in supporting Israel and their involvement in the Palestine issue.

Hope for the Future and Critique of Muslim Rulers

The author f emphasizes the significance of Palestinian resistance as a means of survival, especially in the face of Gaza being turned into a besieged territory. He highlights the impact of Palestinians' bold struggle in attracting people to Islam, advocating for jihad as the way forward. The author criticizes Muslim rulers for their lack of support for the Palestinian cause, labeling their negligence as a crime. He foresees the potential for a large-scale war in Palestine and the eventual defeat of anti-Islamic forces, concluding with hope for a free Palestine and the defeat of oppressors.

**Prime Times 2024** 



#### **Diabetic Patient Care at Mercy Teaching Hospital**

Mercy Teaching Hospital is dedicated to providing comprehensive care for diabetic patients and addressing related health concerns such as blood pressure, cholesterol, obesity, hormone disorders, short stature in children and foot care. Our regular OPD services ensure accessibility for patients and the specialized Saturday Obesity Clinic underscores our commitment to holistic care. We remain committed to improving the health and well-being of our community through these services.

Diabetic Patient Care: Mercy Teaching Hospital's Diagnosis Unit provides dedicated care to patients with diabetes. Our multidisciplinary team healthcare professionals, including endocrinologists, nurses, and dietitians, works collaboratively offer comprehensive care, including regular monitoring, medication management and lifestyle counseling.the unit focuses on managing and controlling hypertension.



Regular BP monitoring and medication adjustment are part of our holistic approach to patient care.

Cholesterol Management: Our team helps patients manage their cholesterol through dietary guidance and medication when necessary.

Obesity Management: Mercy Teaching Hospital provides specialized services for weight management, including dietary counseling and support. We conduct Obesity Clinics every Saturday to address this issue specifically.

Hormone Disorders: The unit also addresses hormone disorders Like PCOS, Hirsuitism , adrenal disorders, thyroid disorders, calcium and metabolic bone disorders, pituitary gland disorder (acromegaly etc), cushings syndrome etc

Short Stature Children: We offer comprehensive care to children with short stature. Our endocrinologists specialized in managing both conditions and work towards improving the overall health and growth of these children. Disorders of puberty, DSDs etc are properly managed and followed.

The Diagnosis Unit provides specialized foot care services, including regular check-ups, wound management, diabetic foot complete screening like PAD assessment, neuropathy screening and patient education to prevent diabetic foot ulcers. Foot wear is the unique entity of our unit and alot of our patient is using our foot wear which is recommended by international guidelines. For inpatients, we ensure daily foot care to prevent complications. Our nursing staff is trained to inspect and care for the feet of admitted diabetic patients to avoid any issues during their hospital stay. The Diagnosis Unit conducts regular outpatient clinics on Monday, Wednesday, and Friday. Patients can schedule appointments for routine check-ups, consultations and follow-up visits during these days.

#### Cutting-Edge Electrophoresis Test with D-10 Equipment Unveiled at MTH

Mercy Teaching Hospital is pleased to announce the launch of its latest diagnostic technology, the Electrophoresis Test, utilizing the state-of-the-art D-10 equipment. This report aims to provide a comprehensive overview of the test, its methodology, affordability, requirements, and turnaround time.

The Electrophoresis Test at Mercy Teaching Hospital employs High-Performance Liquid Chromatography (HPLC), a globally recognized method for diagnosing hemoglobin disorders. This cutting-edge technology ensures precise and accurate identification of various hemoglobin variants,

thereby facilitating early diagnosis and appropriate management of such conditions.

One of the key highlights of the Electrophoresis Test at Mercy Teaching Hospital is affordability. Priced at just Rs 2500, this test brings cutting-edge diagnostic technology within reach of a broader population. By making advanced diagnostics accessible, we aim to



contribute to improved healthcare outcomes and enhanced patient care.

#### **Simple Requirements:**

The Electrophoresis Test requires a minimal sample size of 3cc blood, collected in an EDTA tube. This straightforward requirement ensures ease of sample collection for both patients and healthcare providers, minimizing any inconvenience associated with the testing process.

#### **Fast Results:**

At Mercy Teaching Hospital, we understand the importance of timely diagnosis and intervention. Therefore, we guarantee fast turnaround times for the Electrophoresis Test. Patients can expect to receive their comprehensive reports within ten working days from the day we receive their sample, enabling prompt clinical decision-making and timely initiation of treatment, if necessary.

The introduction of the Electrophoresis Test at Mercy Teaching Hospital marks a significant advancement in diagnostic technology. Through the utilization of HPLC methodology, affordable pricing, simple sample requirements, and fast turnaround times, we aim to enhance the diagnostic capabilities of healthcare providers and improve patient outcomes. We remain committed to delivering high-quality, accessible healthcare services to our community.

### Prime Teaching Hospital Peshawar and Police Sign MoU for Discounted Healthcare Services

A Memorandum of Understanding (MoU) has been formally signed between Prime Teaching Hospital Peshawar and the Khyber Pakhtunkhwa Police to provide essential healthcare services to Khyber Pakhtunkhwa Police personnel at significantly discounted rates within the premises of Prime Teaching

Hospital.

In a noteworthy signing ceremony, Dr. Zahir Qazi, the Medical Superintendent of Prime Teaching Hospital Peshawar, and DIG Welfare Muhammad Kashif Mushtag Kanjo of the **Police** Department duly signed the MoU. According to the terms outlined in this agreement, Prime Teaching Hospital Khyber Pakhtunkhwa has pledged to extend a 33%



discount on various facilities and diagnostic services, including radiology, laboratory tests, ward charges, private room fees, and other related medical services for both active-duty and retired police personnel, as well as the families of Ghazi and martyrs.

Furthermore, a commendable 5% discount on medicines will also be extended under this arrangement. To promptly avail these concessions, police personnel only need to produce their service card, while families of martyrs will be required to provide a certificate issued by the respective District



Police Officer (DPO) or AIG Welfare for accessing the discounted services.

This MoU serves as a manifestation of the Prime Foundation's recognition of the sacrifices made by the police force to maintain peace in society and its commitment to ensuring access to high-quality healthcare services for police personnel. The Medical Superintendent of Prime Teaching Hospital Peshawar has pledged to introduce additional medical treatment packages in the future,

further enhancing the convenience and well-being of Khyber Pakhtunkhwa police personnel.

### Pakistan Council of Philanthropists Team Visits to Peshawar Medical College and Allied Hospitals

A delegation from the Pakistan Council Philanthropists (PCP) team recently conducted comprehensive visit to Peshawar Medical College and its affiliated hospitals, including Mercy Teaching Hospital, Kuwait **Teaching** Hospital and Prime Teaching Hospital. The sole aim of the visit was to assess the



medical facilities, welfare projects, and services provided by the Prime Foundation for the marginalized population. The PCP team was accompanied by Mr. Khalid, the Executive Secretary of Prime Foundation.

The PCP team received a detailed briefing on the impactful welfare projects run by the Prime Foundation. They were informed about the various services dedicated to the betterment of the marginalized population, emphasizing the foundation's commitment to community well-being.

During the visit, the team had the honor of meeting Prof. Dr. Hafiz ur Rahman, the Dean of Peshawar Medical College. The team meticulously inspected different sections of Peshawar Medical College, including OPDs, wards, and facilities in allied hospitals. This allowed them to gain a firsthand understanding of the medical infrastructure and services provided.

The visit served as an opportunity for the PCP team to witness the dedicated efforts of Peshawar Medical College and the associated hospitals in providing quality healthcare services. The commitment of the Prime Foundation towards the well-being of the marginalized population was acknowledged and appreciated by the delegation





#### Workshop on Safe Disposal of Hospital Waste Management organized at Peshawar Medical College

In a concerted effort to revolutionize hospital waste management practices, the Prime Foundation, in collaboration with ARAR Services, recently hosted an innovative workshop at Peshawar Medical College. The "Biomedical Waste Segregation and Waste Disposal" workshop aimed to enlighten healthcare professionals about the critical need for proper waste disposal in alignment with both national and international standards.



The distinguished presence of Dr. Fozia Rauf, Head of the Histopathology Department and Vice Principal of PMC, added gravitas to the event. Focal Persons from Basic Sciences departments and key institutions, including the Infection Prevention Control Committee of Peshawar Medical College (PMC), Peshawar Dental College (PDC), Rufaidah Nursing College (RNC), Kuwait Teaching Hospital (KTH), Mercy Teaching Hospital (MTH), and Prime Teaching Hospital (PTH), actively participated in the workshop.

Mr. Mokaram Shah, an esteemed environmental expert, took center stage, delivering a comprehensive presentation on the intricacies of safe hospital waste disposal. His expertise set the tone for a collaborative effort to transform waste management practices, ensuring a healthier future for both communities and the environment.

The workshop shed light on the often-overlooked aspect of hospital waste management, emphasizing its pivotal role in public health and environmental sustainability. Adhering to the Hospital Waste Management Rules of 2005 and guided by WHO's comprehensive guidelines.

The origins of hospital waste were explored, emphasizing the significant roles played by hospitals,



laboratories, blood banks, and drug manufacturers in waste generation. The presentation categorically classifies waste into infectious and non-infectious, elucidating the distinct risks posed by each category.

#### Who is at Risk?

The workshop outlined individuals susceptible to risks emanating from

hospital waste, spanning patients, paramedical staff, waste collectors, nearby communities, visitors, laboratory staff, and health support staff. The expert underscored the gravity of unauthorized reuse and recycling practices, particularly concerning disposable syringes, which pose risks to almost everyone.

#### Health Effects and the Importance of Proper Management

Detailing the health effects of risk waste, the workshop emphasized potential transmissions of hepatitis B and C, skin infections, and other serious conditions. The unauthorized reuse of disposable syringes emerged as a significant problem in Pakistan, contributing to potential dangers and infections.

#### **Hospital Waste Management Rules, 2005**

This presentation unpacked the comprehensive rules established in 2005, presenting a structured framework for efficient hospital waste management. It elucidated the roles and responsibilities of the Hospital Waste Management Committee, including the Medical Superintendent, Waste Management Officer, and heads of various hospital departments.

#### **Waste Management Plan and Implementation**

A critical aspect of the workshop was the detailed Waste Management Plan, covering waste generation, steps for segregation, collection, on-site and off-site transportation, storage, and disposal. The plan emphasized safety measures, spill management, and the importance of a well-structured incident management and control plan.



Development of Awareness and Preventive Measures

The presentation stressed the importance of developing awareness and preventive measures among hospital staff, highlighting the use of personal protective equipment (PPE), proper immunization, and the implementation of safety measures to

protect both healthcare professionals and the broader community.

The workshop emphasized the transformative power of adhering to proper hospital waste management practices. By understanding the risks, implementing robust waste management plans, and fostering awareness among healthcare professionals, hospitals can contribute to a safer, healthier, and more sustainable future for all. The workshop serves as a catalyst for change, inspiring collaborative efforts to build a healthier tomorrow.

### **Kuwait Teaching Hospital Peshawar Commemorates**World Cancer Day



collective effort required to combat this global health challenge.

Following the walk, an engaging awareness session unfolded within the hospital premises. Dr. Bilal, an esteemed oncologist, delivered a comprehensive presentation covering various aspects of cancer. His insights illuminated the types of cancer, associated risk factors, and advancements in treatment modalities. Dr. Aakifullah, the Director of IRNUM Peshawar, complemented the session with a detailed talk focusing on preventive measures and the latest developments in cancer treatment.

Dr. Bilal took the stage to shed light on the global efforts and aims behind this crucial day, striving to promote research, prevent cancer, improve patient services, raise awareness, and mobilize the global community to make progress against cancer, as reflected in



Kuwait Teaching Hospital Peshawar observed World Cancer Day with the primary objective of raising awareness about cancer, focusing prevention and treatment. The commemoration featured a symbolic walk and an enlightening awareness session, featuring presentations distinguished healthcare professionals. Faculty members, healthcare providers, and staff actively participated in walk. symbolizing poignant reminder of the



the adoption of World Cancer Day. The staggering statistics revealed that 10 million people die each year from cancer, surpassing the combined numbers of deaths from HIV/AIDS, malaria, and tuberculosis, with projections indicating a rise to 13 million by 2030.

Dr. Bilal emphasized key messages, highlighting that more than one-



third of cancer can be prevented and detected early, with one-third being curable if treated properly. Knowledge was emphasized as power, as understanding cancer facilitates progress in reducing risk factors, increasing prevention, and improving cancer diagnosis, treatment, and care. Notably, 65% of cancer deaths currently occur in the least developed parts of the world.

World Cancer Day encourages involvement from various sectors, including health care workers, co-workers, leaders, caregivers, and

friends. The focus on breast cancer delved into risk factors such as lifestyle choices, reproductive factors, family history, and aging, with prevention strategies ranging from screening and mammography to Chemo-prevention and Biological prevention.

Survival rates were highlighted, with Stage 1 boasting a survival rate exceeding 95%, gradually decreasing to 20% at Stage 4. The imperative task of eliminating cervical cancer was addressed through universal access to HPV vaccination, screening programs, timely and accurate diagnosis, quality treatment, palliative care, and survivorship support. Cervical cancer prevention methods were detailed, including regular check-ups, the HPV vaccine, and PAP smear tests.

The correlation between smoking and cancer was underscored, noting that smoking can cause 16 types of cancers, with 1 in 8 cancer deaths and 1 in 5 deaths overall being attributed to smoking. Other contributing factors like Hepatitis B, Hepatitis C, aflatoxins, hemochromatosis, anabolic steroids, and cirrhosis were mentioned, emphasizing that early detection saves lives.



In conclusion, Dr. Bilal's comprehensive presentation underscored the urgency of global collaboration in the fight against cancer. World Cancer Day serves as a crucial platform to educate and motivate



individuals from all walks of life to contribute to the prevention, early detection, and treatment of cancer. By uniting efforts, significant strides can be made in reducing the global burden of this disease.

Dr. Abdul Aziz Zia, the Medical Superintendent of Kuwait Teaching Hospital, expressed gratitude to the guests and participants for their active involvement in the World Cancer Day observance.

### Hands-On Workshop on Cross Infection Control Section Organized at Peshawar Dental College

The Department of Dental Education at Peshawar Dental College (PDC) organized a comprehensive workshop on Cross Infection Control Section. The event, held at the college premises, focused on essential aspects such as hands hygiene, instrument management, cleaning and packaging, cross infection control section, and waste management. The workshop was graced by the esteemed presence of Prof. Dr. Shamim Akhtar, Principal of Peshawar Dental College

The workshop witnessed active participation from both faculty members and students of Peshawar Dental College, highlighting the commitment of the institution towards promoting a culture of hygiene and safety within the healthcare environment.



The sessions, led by experienced faculty members: Dr. Khadija, Dr. Braikhna, Dr. Sana Arbab, Dr. Munnawar, Dr. Sobia, Dr. Younus, Dr. Fatma, Dr. Imran Khattak, Dr. Mehreen, Dr. Huma Sardar, Dr. Huma Sikander, Dr. Shazia, Dr. Saima, Dr. Zubair, Dr. Amna, Dr. Mahira, Dr. Manzar, Dr. Farah, Dr. Farzeen, Dr. Raza, Dr. Maryam,

Dr. Palwasha, were designed to provide practical insights into various skills and techniques necessary for effective cross-infection control. Attendees had the opportunity to engage in hands-on activities, allowing them to apply theoretical knowledge in a practical setting. This approach not only enhanced their understanding but also equipped them with valuable skills that are crucial in maintaining a sterile and safe dental practice.

The event served as a platform for sharing knowledge, exchanging best practices, and fostering a sense of responsibility among the dental community towards infection control. The practical demonstrations and discussions facilitated an interactive learning experience, contributing to the professional development of both faculty and students.



Peshawar Dental College reaffirms its dedication to staying at the forefront of dental education, equipping the next generation of dental professionals with the skills and knowledge necessary to excel in their careers while ensuring the highest standards of patient care and safety











### Workshop on the Meaningful Utilization of the Blessed Month of Ramadan at PMC

Peshawar Medical College recently hosted an enlightening workshop focused on maximizing the significance of Ramadan, featuring the esteemed presenter Prof. Dr. Hashmat Safi from the

Department of Islamic Studies at PMC. The workshop aimed to assist students in envisioning, planning, and executing spiritually fulfilling Ramadan, addressing common challenges encountered during the holy month.



Prof. Dr. Hashmat

Safi encouraged participants to make this Ramadan the most meaningful ever by establishing clear intentions and goals. The importance of spiritual growth and reflection during this sacred month was emphasized. The workshop shed light on common challenges faced during Ramadan, such as managing sleep, exercise, dealing with excessive heat, maintaining consistency in worship, and managing energy levels. Practical solutions were discussed to help participants effectively overcome these challenges.

Dr. Safi introduced the concept of life circles, emphasizing the need to balance self, family, business,



and ummati (community) aspects Ramadan. during were **Participants** guided on maintaining physical and spiritual well-being, managing time, and fostering positive habits. The advised workshop participants on identifying and acknowledging habits, selecting those to eliminate during



Suhoor time, before Iftar, and on special occasions like Laylatul Qadr.

Ramadan, and creating a gradual plan of change. Dr. Safi stressed the importance of spiritual actions, seeking help from others, and strengthening spiritual immunity.

The presenter highlighted the significance of Duaa (supplication) and shared optimal timings for making Duaas, including Tahajjud time, during Aazan and Aqamat gaps, in Sujood,

#### **Family and Community Engagement:**

The workshop underscored the role of family, offering insights into fostering ease in relationships, understanding Ramadan for children, and maintaining health and respectful conduct with parents. Participants were encouraged to engage with the community (ummati) through various projects and Dawah activities.

#### **Balancing Work and Spiritual Commitments:**

Practical advice was provided on managing work/business commitments, prioritizing tasks, and

maintaining relationships during Ramadan. The importance of balancing worldly responsibilities with spiritual activities was emphasized.

The workshop on enhancing the meaning of Ramadan at Peshawar Medical College



provided valuable insights and practical guidance for students to embrace the holy month with intentionality and commitment. Prof. Dr. Hashmat Safi's expertise and thoughtful advice will undoubtedly contribute to a more meaningful and spiritually enriching Ramadan for the participants.



# Community Services & Achievements

# Community Empowerment through Enhanced Healthcare: Basic Health Unit in Gari Sherdad, Peshawar

Healthcare accessibility is a fundamental aspect of community development, influencing the overall

well-being and productivity of a population. This community development project, Basic Health Unit (BHU), is located 18 km from Peshawar city on Warsak Road and operates under the auspices of the Prime Foundation.

The establishment of the BHU in Gari Sherdad aspires to create a healthier and more resilient community. Through accessible healthcare services and a comprehensive approach to well-being, the project aims to contribute significantly to the population's overall development,



fostering a brighter and healthier future for the residents of Gari Sherdad and the surrounding areas.

The core objective of this project is to offer healthcare facilities at nominal rates, addressing the



diverse health needs of the community. The BHU provides a range of medical services, including general medical consultations and treatments for common illnesses, affordable healthcare services to ensure accessibility for all community members, prenatal and postnatal care to enhance maternal and child health, dental care services to address oral health issues within the community, and conducts oral health awareness programs and preventive measures. Recognizing the importance of community immunization, the

BHU plays a pivotal role by providing routine immunization services. This essential service aims to safeguard the health of residents by preventing the spread of preventable diseases.

In addition to traditional healthcare services, the BHU goes beyond by implementing community

development initiatives. These include Early Childhood Development programs aimed at supporting cognitive, social, and emotional development in young children. The BHU also employs a psychologist to offer counseling services and mental health support, provides guidance on proper nutrition and healthy lifestyle choices, and actively engages in community awareness campaigns. Through these initiatives, the BHU seeks to create a holistic approach to community health, ensuring not only physical



well-being but also addressing broader aspects of development and wellness.

## Peshawar Medical College Shines Globally as Dr. Amir Hamza Khan Secures Diplomacy Award

Dr. Amir Hamza Khan, Lecturer in Community Health Sciences at Peshawar Medical College, achieved the second position among 200 delegates, securing the Outstanding Diplomacy Award for his simulation representation of the Syrian Arab Republic.

The event, organized by the **US-based** renowned organization and NGO, Best Diplomats, took place in Kuala Lumpur, Malaysia, from January 25th to January 29th, 2024. It featured intense competition among over 200 participants from 60 different nationalities. The conference, recognized for bringing together top diplomats and experts worldwide, provided platform for participants to showcase their talents with a diverse array of topics. The



event proved to be an arena for intellectual discourse and diplomatic prowess.

Dr. Amir Hamza Khan was sponsored by the World Health Organization as a youth delegate. In the past, he has attended the Best Diplomat Conferences held in Dubai, Egypt, Turkey, Thailand, and participated in four online Model United Nations (MUN) simulations.

Furthermore, Dr. Amir Hamza Khan achieved the 1st position (Best Diplomat Award) out of 300 delegates and 60 nations at the Best Diplomat Conference in June 2023, held in Dubai. In this conference, he represented the Syrian Arab Republic through his simulation representation.



## Dr. Hafsa Habib, Triumphs with P.hD Research on Multiple Sclerosis Patients

Senior Clinical Psychologist Dr. Hafsa Habib, associated with Peshawar Medical and Dental College, has successfully defended her P.hD research thesis titled, "High Level of Emotional Intelligence, Self-Efficacy, Tolerance for Disagreement, Satisfaction with Life: Mitigating Stress, Depression, and Anxiety in Multiple Sclerosis Patients in District Peshawar, KP." The defense took place at the Psychology Department, University of Peshawar.

Dr. Hafsa Habib's research delves into the profound impact of Multiple Sclerosis (MS) on the psychological and mental well-being of affected individuals. The study sheds light on MS as an autoimmune neurodegenerative disease, affecting both physical conditions and emotional well-being,



leading to daily life challenges. Notably, the research emphasizes that depression, persistent anxiety, mood changes, and extreme irritability, while common among MS patients, are not inevitable. Dr. Habib's findings underline the importance of addressing these mental health aspects with the same diligence as physical symptoms of the disease.

The research, conducted under the expert supervision of Associate Professor Dr. Summiyah Ahmad, unveils significant insights into the holistic care required for MS patientsThe external examination of Dr. Habib's thesis was conducted by Assistant Professor Dr. Saima Pervaiz from the Psychology Department of Banazeer Bhutto University, with internal examination responsibilities shouldered by Professor Dr. Erum Irshad, Chairperson of the Psychology Department at the University of Peshawar.

Dr. Hafsa Habib's commitment to unraveling the complexities of psychological challenges in MS patients underscores her dedication to enhancing the overall quality of life for those grappling with this debilitating condition.

## PMC Launches Spring Tree Plantation Drive to Promote Environmental Sustainability

In a concerted effort to promote environmental sustainability and nurture a greener future, Peshawar Medical College (PMC) organized a tree plantation drive as part of its spring initiative. Spearheaded by Dr. Iftikhar Hussain, CEO, the event witnessed the active participation of esteemed faculty members and administrators, including Prof. Dr. Hafeez ur Rahman, Dean PMC, Prof. Dr. Saeed Anwar, Executive Director, Prof. Dr. Mohammad Aman Khan, Principal, PMC, Prof. Dr. Ayesha Abdullah, Prof. Dr. Mohammad Irfan, Prof. Dr. Syed Motahir Ali Shah, Prof. Dr. Mohammad Tayyab, Dr. Abdul Latif Khan Ghandapur, Dr. Abdus Samad and Dr. Hala Rajab.

Prof. Dr. Najibul Haq, Patron, Prime Foundation also planted a tree during the tree plantation ceremony at Peshawar Medical College.

The primary objective of the tree plantation drive was to contribute to the preservation of the environment and enhance the green cover within the premises of PMC.









The tree plantation drive at Peshawar Medical College epitomizes the institution's proactive approach towards environmental responsibility and sustainable development. PMC sets a commendable example for other academic institutions and the broader community to emulate. Such initiatives not only contribute to mitigating climate change but also cultivate a sense of ownership and pride among individuals invested in shaping a healthier, more resilient planet.

## Peshawar Dental College Embarks on Tree Plantation Drive to Foster Campus Greenery

Peshawar Dental College (PDC) took a proactive step towards environmental sustainability by organizing a tree plantation drive as part of its spring initiative. Led by Prof. Dr. Shamim Akhtar, Principal of PDC, the event aimed to enhance the green cover on the campus premises and promote ecological conservation. The initiative garnered support from Prof. Dr. Mohammad Aman Khan, Principal of Peshawar Medical College (PMC), along with Prof. Dr. Qazi Javed and faculty members from both institutions.

The primary objective of the tree plantation drive was to contribute to the beautification and environmental preservation of the PDC campus. By planting saplings, the initiative sought to create a greener and more sustainable environment conducive to learning and well-being.













## Peshawar Medical College Celebrates MBBS 1st to 2nd Year Transition with Exciting Award Ceremony

Peshawar Medical College achieved significant milestone by promoting MBBS 1styear students to the 2nd year, coupled with an award distribution ceremony recognizing the academic excellence of the position holders. The event was graced by the esteemed presence of Professor Dr. Syed Motahir Ali Shah, Head of Biochemistry, who honored the occasion as the Chief Guest.



The academic achievements of the MBBS 1st-year students were duly acknowledged and celebrated, with the following students securing top positions:Mohammad Danial, 1st Position,Malik Hadi-ur-Rehman, 2nd Position,Fatima Zahra, 3rd Position.

The ceremony featured a dignified award distribution session, during which the position holders were presented with prizes in recognition of their outstanding performance in the 1st year of the MBBS program. Professor Dr. Syed Motahir Ali Shah, Head of Biochemistry and the Chief Guest of the event, personally awarded prizes to the distinction holders.

The MBBS 1st-year to 2nd-year promotion and award distribution ceremony at Peshawar Medical College was a resounding success. Beyond celebrating academic achievements, the event served as motivation for students to persevere in their pursuit of excellence in the medical field





### Outstanding performance of our young researchers

At the Kabir Medical College Research Conference, our students exhibited exceptional talent and dedication, leading to multiple accolades that underscore the high caliber of research within our institution.

In the Verbal Competition, the team led by Principal Investigator Abdal Ahmad, along with Co-Principal Investigators Hamza Farooq and Malak Aman from the 4th year MBBS program, secured the 1st position. Under the supervision of Dr. Mifrah Sethi, their exemplary performance showcased the depth of their research and expertise.

Additionally, in the Verbal Competition, Principal Investigator Aliya Saeed, supported by Co-Principal Investigator Malaika Syed Bukhari from the Final year BDS program, claimed the 2nd position. Their research efforts, guided by Dr. Zeeshan Danish and Dr. Munawar Aziz, highlighted their commitment to scholarly inquiry and academic excellence.

In the Quiz Competition, the team comprised of Syed Ibadullah Shah, Waleed Farooq, and Hamza Farooq from the 4th year MBBS

program secured the 2nd position. Their impressive performance demonstrated their comprehensive understanding of the subject matter and their ability to apply knowledge effectively in a competitive setting. Overall, the success of our students at the Kabir Medical College Research Conference reflects their dedication, hard work, and commitment to advancing medical knowledge and research.





## Our young researchers Shine Bright at the Conference at Khyber Medical University

The 4th International Public Health Conference held at KMU showcased the exceptional talents of PMC students, who secured prestigious 1st positions in both the Verbal and Poster Competitions. Under the leadership of Abdal Ahmed, Principal Investigator, and alongside Co-PI Hamza Farooq, our team delved into the topic "Unravelling the Interplay of Smartphone Addiction, Sleep Patterns, and Academic Performance." Guided by Supervisor Dr. Mifrah Rauf Sethi, their insightful analysis and articulate presentation captivated the audience and earned accolades from the esteemed panel of judges.

Malik Aman, as Principal Investigator, guided by Supervisor Dr. Hafsa Habib and Co-Supervisor Dr. Mifrah Rauf Sethi, clinched the 1st position in the Poster Competition. The topic, "Insights into Behavioral Challenges in ASD Children in Peshawar Autism Centers and Parental Perspectives on Its Management," was



presented through a visually compelling and informative poster. Amidst stiff competition, the poster stood out, showcasing innovative ideas and solutions to contemporary public health challenges. The success of our students at the 4th International Public Health Conference not only brings honor to our institution but also serves as a beacon of inspiration for future generations of public health enthusiasts

## Student from PMC Recognized at 6th Educational Research Day at Aga Khan University

Department of Education Development (DED), Aga Khan University organized the 6th Educational Research Day on 18th April, 2024. The event was well-attended by medical educationists from all over the country and from all campuses of AKU including overseas campuses. Two group of students participated in this event from Peshawar Medical College lead by Mr Muhammad Uzair Saljoqi and Mr Syed Abdullah Shah supervised by Prof Ayesha Abdullah. The Dean AKU, Vice Dean, AKU, Chairperson DED, leading medical educationist including Professor Emiratus Prof Dr Rukhsan Zubairi, Prof Dr Lubana Baig and Prof Dr Syeda Kauser were present on the occasion. Third year MBBS student of Peshawar Medical College, Mr Muhammad Uzair Saljoqi's research titled," Spaced Repetition as a Learning Technique: Frequency, Techniques and Obstacles among Undergraduate Medical Students-A Mixed Methods Study" was awarded first position in the oral presentations. It is a great honour for Mr Muhammad Uzair Saljoqi to have won this award among the presenters which included postgraduate students and seasoned medical educationists.

## Achievements of Our Youth at Rehman Dental College Conference

Our institution's students recently participated in the Rehman Dental College Conference held from April 26 to April 28. They showcased exceptional skills and competence, securing commendable positions in various categories.

Both Hamza Farooq, a 4thyear MBBS student and Malak Aman, also in the 4th year of MBBS, demonstrated their prowess in the verbal competition, clinching the 3rd position.

Aliya Saeed, a final year BDS student, emerged victorious in the Research Quiz competition, securing the 1st position.

The collective effort of Hamza Farooq's group was



recognized with the 3rd position in the Research Quiz competition. Their collaborative spirit and analytical skills were instrumental in achieving this accolade.

Muhammad Danial, a 2nd-year MBBS student, showcased his research acumen by securing the 3rd position in the research poster competition.



The participation of our students in the Rehman Dental College Conference exemplifies their commitment to academic excellence professional and growth. Their remarkable achievements not only bring pride to our institution but also serve as an

inspiration for their peers. We extend our congratulations to all the participants for their outstanding performance and commendable representation of our institution on such a prestigious platform. We look forward to their continued success in future endeavors.

## Farewell Organized for Outgoing Cabinet of Social Welfare Society at PMC

A farewell ceremony was arranged for the outgoing Cabinet of the Social Welfare Society 2023 at Peshawar Medical College (PMC). The event, graced by prominent figures, marked a significant moment in recognizing their dedicated services to the community. Prof. Dr. Najeeb ul Haq, Advisor PRIME Foundation, Prof. Dr. Muhammad Aman Khan, Principal of PMC, Prof. Dr. Shamim Akhtar, Principal of PDC, Prof. Dr. Syed Motahir Ali Shah, Prof. Dr. Ayesha Abdullah, and Associate Prof. Dr. Mohsina Haq, Coordinator of SWS PMC were among those present.



Certificates and shields were presented to the outgoing office bearers and volunteers as tokens of appreciation for their outstanding contributions. Owais Qarni, the President of SWS, provided a comprehensive overview of the organization's accomplishments over the past year on the occasion. He said, "In 2023, under the leadership of President Muhammad Hamza Khan, the Social Welfare Society (SWS) achieved significant milestones across various fronts.

The Blood Wing organized a successful blood donation camp, facilitating the donation of 115 pints of blood for thalassemia patients, raising Rs 68,870 in the process. Additionally, 66 pints of emergency blood were arranged and provided essential blood components to individuals in need across various hospitals in Peshawar. The Patient Welfare Wing supported up to 57 medical cases, with an expenditure totaling Rs 774,110, ensuring that individuals in need received crucial medical assistance. SWS raised Rs 26,030 during the 16th UMR event through stalls, effectively showcasing its achievements to the audience and garnering support for its initiatives.



The Disaster Management Wing conducted a successful Ramadan Ration Drive, collecting Rs 3,196,273 in three phases. These funds were distributed among 458 needy families in the periphery of Peshawar. Additionally, an extra Rs 2,318,060 was raised for Gaza relief efforts, which were subsequently transferred to the Alkhidmat Foundation. During Ramadan, SWS organized an Iftar at the Mercy Education Complex and distributed gifts among

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Dr.Mohsina. Had

Javeriakhan Savah Khan

KhadiJa Amir

Hoor Irroun

Hazra Gayum

M Hamza Khan

Basit Malix

Shayan Sharif

Hamza FAZAL

Oliais garni

Abdullah

Muaz Khan

demonstrating its commitment to serving the community during the holy month. SWS arranged hepatitis B vaccinations for 193 students and conducted 356 health education sessions, emphasizing preventive healthcare and awareness among the community. SWS significantly enhanced its social

media presence, amplifying its outreach and impact, thereby engaging a wider audience and fostering community support for its initiatives".

The commendable welfare endeavors led by the Social Welfare Society were acknowledged, highlighting the positive impact they have made within the community. As we bid farewell to one chapter, we eagerly anticipate the future endeavors of the new Social Welfare Society Cabinet 2024, knowing they will carry on the tradition of making a positive impact in our community.

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Cabinet 2024, knowing they will carry on the tradition of making a positive impact in our community.



## Iftar Saaem Program at Mercy Teaching Hospital, Peshawar

The Iftar Saaem Program at Mercy Teaching Hospital, Peshawar, is a humanitarian initiative aimed at providing Iftar and Sehri to individuals during the holy month of Ramadan. This program caters to the needs of patients, attendants, and staff members, ensuring that they have access to nutritious meals to break their fasts and prepare for the day ahead. Approximately 400 individuals daily. Separate arrangements are made for male and female beneficiaries to ensure comfort and privacy.

The Iftar and Sehri menus include a variety of dishes, drinks, and dates to provide essential nutrients and hydration after a day of fasting. The funds for this program are provided by the Peshawar Medical College (PMC) and generous philanthropists who support this noble cause. The Iftar Saaem Program is implemented diligently by a dedicated team of organizers and volunteers who work tirelessly to ensure the smooth operation of the program.





The Iftar Saaem Program has a profound impact on the beneficiaries, providing them with not only physical nourishment but also a sense of community and solidarity during the month of Ramadan. By catering to the needs of patients, attendants, and staff members, the program alleviates hunger, promotes well-being, and fosters a spirit of compassion and generosity within the hospital community.





Through the generous support of PMC and philanthropists, this program continues to make a meaningful difference in the lives of hundreds of individuals during the blessed month of Ramadan.

## Second Phase of SWS Ramadan Rashan Drive Triumphantly Concludes

With immense gratitude to the Almighty, we are delighted to announce the successful completion of the second phase of our Ramadan Rashan Drive initiative in collaboration with the Social Welfare Society (SWS) PMC, PDC, and Hayya Al Falah Organization in Peshawar.



The generous contributions from donors, through Sadqah and Zaqat, have made this achievement possible. We extend our deepest appreciation to each and every donor for entrusting SWS with their donations. Their support is truly invaluable and has touched the lives of numerous families during this blessed month.

A special acknowledgment goes to Dr. Bakht Biland, whose visit to our students provided a significant morale boost to all. We also express our heartfelt gratitude to Dr. Mohsina Haq, the SWS coordinator PMC, for her unwavering dedication and support throughout this journey.

Our volunteers have been the backbone of this initiative, working tirelessly to ensure that every family in need is reached. Their selfless efforts have made a profound difference, and we

are sincerely grateful for their commitment.

During the second phase, SWS successfully covered more than 400 families and collected over Rs. 27,00,000. This remarkable achievement underscores the power of collective kindness and compassion.

Let's continue to spread kindness and make a positive impact in the lives of those in need. Together, we can make a difference.







#### **Media Corner**

A curated collection of press clippings highlights comprehensive coverage of noteworthy events, encompassing First Year MBBS Orientation, PMC White Coat Ceremony, PDC White Coat Ceremony, UMR, Convocation 2024 along with impactful byline reports, took center stage in prominent features across the national press & digital platforms.

### DAILY TIMES Prime Foundation's E-newsletter, the Prime Times 3rd Issue Unveiled Peshawar

TIMES REPORT

PESSIAWAR: In a significant memorat, the mental health, breast present prime from the mental health, breast prime from

### DAILY TIMES Warm welcomed fresh students at PMC



ddressing orientation

PESHAWAR: Fresh students warmly welcomed Peshawar Medical College (PMC) Fresh students were warmly welcomed at Peshawar Medical College (PMC) during the orientation program for 1st-year the orientation pro-gram for 1st-year MBBS students, The event unfolded with an atmosphere of great enthusiasm

ror, Dr. Mohammad Aman K nation session here on Friday, and academic zeal, graced by the pres-ence of distin-guished guests, including Prof. Dr. dicial Aman Khan. Aman Khan,
Principal of PMC,
Prof. Dr. Fozia
Wahab, Vice
Principal of PMC,
Prof. Dr. Riaz
Nasim, Vice
Principal of PMC,
and Dr. Mohsina
Haq, Prof. Dr. Kanan
Khan, Prof. Dr. Fozia Aman Khan, Prof. Dr. Fozia Rauf, Prof. Dr. Riaz

Nasim, and Dr. Mohsina Haq took the stage to share their insights with the attendees.

During to address address to the incoming students, Prof. Mohammad Aman Khan underscored the significance of character development and the cultivation of effective learning skills for a successful academic journey. emic journey.





وللاورة بيضا يذعرها والتوريده فيسرة اكثر أيب التح اورتع ليذريره المسرة ا كم اوجيف الكو يكيوا اكم الكارسين كا وق يدافم نافعز "كا تيرا الدوق والراحد عن





#### نئے آنیوا لے طالبعلم ادارے کے قوائد وضوابط کی یاسداری کریں: پروفیسرامان

يثادر(92 نوز) يثادر ميذيكل كائ ش ايم في ريندادرا يكل كيلي جي كرف كادرس ويا البول في اس سال اول علمان على الله المنظين في الله المال علون كواوار الله الله والدو پروارام بدے جوال وقروال عصفته علام إلى ايمان ضوايد كى باسدارى كى بحى تنظين كى موسائل كى ك يركيل يروفيسر واكثر امان خان، يروفيسر واكثر خدمات اور كاكروكى كا وكركرت وع عظها كو فوزيده باب وائس يرتل، يروفير والكورياض يم ، فيتريان والتوعددي فيوش ويليترسوسائي كي وائس برنال اور يروفيسرة اكتراعيث في المائل ومدواري كاحساس اورمائي جودك اور ماخرین نے خطاب بھی کیا۔ یہ دلیسر سرگرمیاں بھی خیال شرکت کی وقعت دی۔ اور محدالان خان نے آئے والے طلباء سے اپنے خطاب شینیشن پر وگرام نے سے طلباء کا دارے کی عد مات محدامان خان نے آئے والے طلباء سے اپنے خطاب میشن پر وگرام نے سے طلباء کواوار سے کی خدمات، بھی کروار کی نشورتما اور کامیاب تقلبی سر کیلئے تھلبی سولیات اورا خلاقیاتی خواہد سے آشا ہونے موراندان می سیمن کی صاحبتوں کو برحائے کی ایمیت کے لیے ایک ایم پلیٹ قارم فراہم کیا جس کا مقعد

پرد دردیا۔ پرد فیسر امان خان نے طلباً توسعت کے شعبہ علیا علی خدمت کا احساس اور کیوٹی کی برود کی علی میں وگئی ک عمل عزش آنے والے شطبنوں سے بیری طرح یا خبر سرگر میوں میں شولے کا اور میدا کرنا تھا۔





White Coat ceremony celebrated at **PMC** 





روزنام 92غزيشاور، بفته، 17 فروري، 2024 و



يشادر(92 نيوز)يشاورميذ يكل كالتي من ايم ني في رويون أفكر كما ظهار، چشروران قابليت كفروغ اور الص سال اول عظماء كيك وائت كوت كي آخر يبكا مجترين كاركروكي ك لي سي كي اجيت يرزورويا. انعقاد کیا گیا جو سے طلباء کے طبی ہے جس آغاز کی انہوں نے سے وافل ہونے والے طلباء کو تنقین کی کہ علامت ہوتی ہے۔مہمان تصوصی پروفیسر ڈاکٹر حقیظ واسین ادارے کیلئے قاتل فرینیں اور ملک کی بہتری الرحن، و بن في ايم ي ك علاه والأكثر القار مسين، چيف عن اينا حصه و اليس، في ايم ي ك يركيل يروفيس ا يُكِرِيكُونِكُ فِي كِي رَبِيلِ مِدوفِيسر وَاكْمُ عِيد لهان خان ﴿ وَاكْمُ عِيدُ المان خان فِي قَافِي اقدار ك فروخ ، بظلباء ابران كروالدين في تقريب ش الركت كي الدار يك ضا اللول كي يا بندى اور تقم وحنبه أكو يرقر ار پروفیسر ڈاکٹر طینا ارض اپنے قطاب میں اللہا وکوثبت رکھنے کے بارے میں تاکید کی۔

## DAILY TIMES

### White Coat Ceremony held at PMC

TIMES REPORT

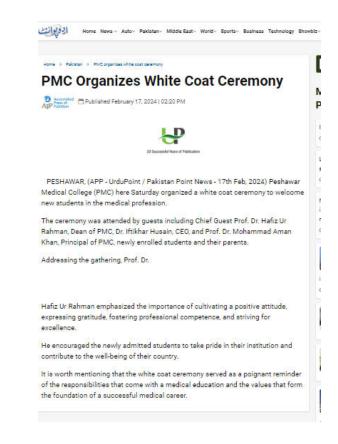
PESHAWAR: Peshawar Medical College (PMC) witnessed a momentous White Coat Ceremony, a significant event symbolizing the initiation of new students into the medical profession. The ceremony graced was graced by esteemed guests, including Chief Guest Prof. Dr. Hafeez Ur Rahman, Dean of PMC, Dr. Iftikhar Husain, CEO, and Prof. Dr. Mohammad Aman Khan, Principal of PMC. Addressing the gathering, Prof. Dr. Hafeez Ur Rahman emphasized importance of cultivating a positive attitude, expressing gratitude, fostering

professional competence, and striving for excellence. He encouraged the newly admitted students to take pride in their institution and contribute to the well-being of their country. Further insights into culti-Further vating cultural values, adhering to a dress code, and maintaining decorum were shared by Mohammad Aman Khan, Principal of

PMC. He emphasized the significance of respecting elders and upholding the institution's values. The administration of the oath to the of the oath to the budding medical experts was conducted by Dr. Naumanullah Wazir, Associate Prof. of Anatomy, highlighting the commitment to ethical medical practices and responsible conduct in their academic journey.









**Daily Times** 

## DAILY TIME

Tuesday

## Young Pakistani doctor clinches outstanding Diplomacy Award at Global moot



sentation of LUMPUR: Syrian Outstanding recognized for bring- the

the worldwide, provided a Thailand, and partici-Arab platform for partici- pated in four online Young Pakistani doc-Republic.The event, pants to showcase Model United Nations tor Clinches organized by the their talents with a (MUN) simula-Outstanding renowned US-based diverse array of top-tions.Furthermore, Diplomacy Award at organization and ics. The event proved Dr. Amir Hamza Khan Global Conference in NGO, Best Diplomats, to be an arena for achieved the 1st posi-Kuala LumpurDr. took place in Kuala intellectual discourse tion (Best Diplomat Amir Hamza Khan, Lumpur, Malaysia, and diplomatic Award) out of 300 del-Lecturer in from January 25th to prowess.Dr. Amir egates and 60 nations Community Health January 25th, 2024. It Hamza Khan was at the Best Diplomate Sciences at Peshawar featured intense com- sponsored by the Conference in June Medical College, petition among over World Health 2023, held in Dubai, achieved the second 200 participants from Organization as a In this conference, he position among 200 60 different nationali- youth delegate. In the represented the delegates, securing ties. The conference, past, he has attended Syrian Arab Republic

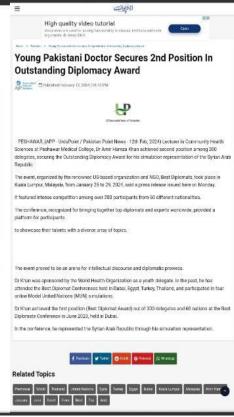
his simulation repre- diplomats and experts Dubai, Egypt, Turkey, Best Diplomat through his simula-Diplomacy Award for ing together top Conferences held in tion representation.

Young Pakistani doctor secures 2nd position in Outstanding Diplomacy



PESHAWAR, Feb 12 (APP): Lecturer in Community Health Sciences at Peshawar Medical College, Dr Amir Hamza Khan achieved second position among 200 delegates, securing the Outstanding Diplomacy Award for his simulation representation of the Syrian Arab Republic

The event, organized by the renowned US-based organization and NGO, Best Diplomats, took place in Kuala Lumpur, Malaysia, from January 25 to 29, 2024, said a press release issued here on Monday.





المالان فالديال أولان كوالدين في المركز عب مثل ورك ك كورا كو ويوال المارية للاب يى ظلما كوشيت مداول والكرك اعمار مصرونات قابليت combo 2 Low Key Has take وحديداتين فيست والمتعدق فالمفاؤهن عرى عن اوا صروالحرار في اعرى ك يكل يدفير والإعمالا والاستقاق القادك قردع 月月1日上上日村日子の日本日日日日日日日 LUSSIL UST Sylater 4 Lets الإام للاالمانية كاعامت كالمان يركل للد وإستاق بيلى اورك عدادى كالمرك اعد معطيرة اكزانعاق المسعاديرية طنسابار تكريب يثما واكوصدى واكزنوان الأروارية اكزنها الحدواكز الميان مادياً كالمسلمان القريق ميده المساحل المارية かしんんないしはにかとう مث كي الريب كا المقادسة عليا كوافي اسداريون

كالعاك كما اله يعتروناند القام كي ياوياني

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ئەدىكىدى يەلىيەن يەققىي ئۇرۇپ يەلىرى بىرىيەن يەلىرى بىلىن ئۇرۇپ يەلىرى يەلىرى يۇلۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇ ئەربىل ئەلىرىيىلى ئىرىكى ئىرىكى ئىرىكى ئۇرۇپ ئىرىنى ئىرىنى ئىرىنى ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇ ئەربىلى ئالىرى ئىرىيى ئۇرۇپ ئۇرۇپ ئىرى ئىرى ئىرى ئىرى ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئۇرۇپ ئ

#### PMC celebrates white coat ceremony

PESHAWAR: White Coat Ceremony celebrat-ed at Peshawar Medical Base Peshawar Medical witnessed

excellence.

He encouraged the new-ly admitted students to take pride in their institution and contribute to the well-being

mitment to ethical medical practices and responsible conduct in their academic

The event also featured alumni members, including Dr. Mohisma Haq. Dr. Nomanullah Wazir, Dr. Sulman Adridi, who shared cherished memories and insights from their time at PMC, offering inopiration to the aspiring medical professionals. The White Cost Ceremony served as a poignant reunider of the responsibilities that come with a medical education and the values.

### Frontier Post

#### White Coat ceremon celebrated at PMC

Medical of the

Addressing the gather Wazi, As g, Prof. Dr. Haftz Ur Anatomy.



E-PAPER TODAY'S PAPER EDITOR'S PICKS V OPINION V NEWS V MULTIMEDIA V BLOGS V

#### PMC organises white coat ceremony

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Addressing the gathering, Prof Dr Hafiz-ur-Rahman stressed the addressing the gamering, Froi Dr. Hanz-ur-nannan stressed the importance of cultivating a positive attitude, expressing gratitude, fostering professional competence, and striving for excellence. He encouraged the ewly admitted students to take pride in their institution and contribute to their country's well-being.

Prof Dr Aman Khan, PMC's Principal, provided insights into cultivating cultural values, adhering to a dress code, and maintaining decorum. He emphasized the significance of respecting elders and upholding the institution's values.



White coat ceremony







#### Peshawar Dental College celebrates White Coat' ceremony



hosted its prestigious White Coat Ceremony, a significant vent attended by esteemed figures in the medical field. dedicated faculty members, enthusiastic students, and

Iftikhar Husain, Prof. Dr. Hafeez ur Rahman, Dean, PMC, Prof. Dr. Saeed Anwar Executive Director, Prof. Dr. Mohammad Aman Khan, Principal, PMC, and Prof. Dr. Shamim Akhtar, Principal, PDC. Dr. Saba Siraj skillfully managed the proceedings as the stage secretary. Addressing the audience, Prof. Dr. Hafeez ur Rahman extended heartfelt congratulations to the students, commending their achievement in gaining admission to the esteemed dental profession. He emphasized the importance of cultivating a positive attitude of gratitude professional competence, ethical values, and a profound love for learning while maintaining respect for teachers.

Prof. Dr. Shamim Akhtar highlighted PDC's commitment to providing state-of-the-art facilities and attitudinal training to

والزياس أوالسة واكتان يثاور

#### Pakistan OBSERVER

#### White coat ceremony celebrated

STAFF REPORTER

PESHAWAR

PesiAwar

Peshawar Dental
College (PDC) hosted its prestigious
White Coat Ceremony, a
significant event attended by esteemed figures
in the medical field, dedicated faculty members,
enthusiastic students,
and proud parents.
The event featured
key personalities, including CEO Dr. Iftikhar
Husain, Prof. Dr. Hafeezur Rahman Dean, PMC,
Prof. Dr. Saeed Anwar
Executive Director,

Prof. Dr. Saeed Anwar Executive Director, Prof. Dr. Mohammad Aman Khan. Princi-pal, PMC, and Prof. Dr. Shamim Akhtar, Prin-cipal, PDC. Dr. Saba Sir-aj skill fully managed the proceedings as the stage secretary. Ad-

dressing the audience, Prof. Dr. Hafeezur Rahman extended heartfelt congratulations to the students, commending their achievement in gaining admission to the esteemed dental profession. He emphasized the importance of cultivating a positive attitude of gratitude, professional competence, ethical values, and a profound love for learning while maintaining respect for teachers. Prof. Dr. Shamim Akhtar highlighted PDC's commitment to providing state-of-the-providing state-of-the-

PDC's commitment to providing state-of-the-art facilities and atti-tudinal training to pro-duce well-mannered doctors. The ceremony also witnessed Dr. Nasi-ha Mottahir adminis-tering the oath to the budding dentists.



-

## PDC hosted its White Coat Ceremony

TIMES REPORT

PESHAWAR: Peshawar Dental College (PDC) hosted its prestigious White Coat Ceremony, a significant attended event attended by esteemed figures in the medical field, dedicated faculty members, enthusiastic students, and proud parents.

The event featured key personalities, including CEO pr. Ifrikhar Husain. by

Dr. Iftikhar Husain. Prof. Dr. Hafeez ur Rahman ,Dean, PMC, Prof. Dr. Saeed Anwar Executive Director, Prof. Dr. Mohammad Aman Khan, Principal, Khan, PMC, and Prof. Dr.

Shamim Akhtar ,Principal, PDC, Dr. Saba Siraj skillfully managed the proceedings as the stage secretary.

Addressing the audience, Prof. Dr. Hafeez ur Rahman extended heartfelt congratulations to the students, com-mending their achievement in gaining admission to the esteemed dental profession.

He emphasized the importance of cultivating a positive attitude of grati-tude, professional competence, ethical values, and a profound love for learning while maintaining respect for teachers













Research Conference (UMR) 2024 Begins S At PMC

Independent

4 ton f 📝 😇 🛭 🛕 🖸 in The 17th National Undergraduate Medical Research Conference (UMR)

ommencement of two days of intellectual exchange and within the medical research community. The event was

The Chief Guest for the inauguration ceremony was Professor Dr Ahmad Swati, former VC Agriculture University, who formally

the conference. Dr. Nadeen Akhtar, CEO of HCC, KP, was a Guest of the contremence. Dr. Nadeen Ashtar, CED of HCC, KP, was a Guest of Honour. Also present were bit lifthan Hussain, CEO, Shahid Wharsi, CEO of AFAQ, Prof. Dr. Hafizur Rahaman, Dean, PMC, Prof. Dr. Saeed Anwar, Executive Disector, Prof. Dr. Anna Khan, Principal PMC, and Prof. Dr. Shamim Ashtar, Principal PDC. The conference was jointly organized by PMC, PDC, and RNC.
Dr. Halin Rajab, Director UMR, PMC welcomed the guests and

highlighted the conference's significance as a platform for researchers to present their findings and exchange ideas. The Chief Guest, Prof. Dr. Zahoor Ahmad Swati, applauded the

17th National Undergraduate Medical



### 17th National UMR 2024 begins at PMC

Also present were Dr. Iftikhar Hussain, CEO, Shabid Wars, CEO of APAQ, Prof. Dr. Haffara Raha-man, Dean, PMC, Prof. Dr. Sacod Armur, Executive Director, Prof. Dr. Aman Khan, Principal PMC, and Prof. Dr. Shamim Akhar, Principal PDC.





## DAILY TIMES 17th National UMR 2024 begins at PMC

TIMES REPORT

PESHAWAR: The 17th National Undergraduate Medical Research Conference (UMR) 2024 was formally inaugurated at Peshawar Medical College in Peshawar, marking the commarking the com-mencement of two days of intellectual

days of intellectual exchange and collaboration within the medical research community.

The event was graced by distinguished personalities, educators, and researchers from various leading academic institutions and cities across the country. country. The Chief Guest

The Chief Guest for the inauguration ceremony was Professor Dr. Zahoor Ahmad Swati, former VC Agriculture University, who formally inaugurated the conference. Dr. Nadeen Ahttar, CEO of HCC, KP, was a Guest of Honour. Also present were Dr. Iftikhar Hussain, CEO, Hussain, CEO, Shahid Warsi, CEO

of AFAQ, Prof. Dr. Swati, applauded Hafizur Rahaman, the organizers for Dean, PMC, Prof. creating a platform for Saeed Anwar, for youth to share Executive Director, their experiences. Prof. Dr. Aman Khan, Principal PMC, and Prof. Dr. Shamim Akhtar, Principal PDC. The conference was jointly organized by PMC, PDC, and RNC. Dr. Hala Rajab, Director UMR, PMC welcomed the guests and highlighted the conference's signifi-cance as a platform for researchers to present their findings and exchange ideas. The Chief Guest, Prof. Dr. f. Dr. Ahmad

He emphasized the importance of utiliz-ing the abundant resources of the country and expressed concern over the drain of talover the drain of tal-ent from the coun-try. Dr. Swati believed that the youth, capable and full of potential, could steer the nation away from crises and called for a collective effort to address; the chaladdress the chal-lenge, Shahid Warsi, CEO of AFAQ, high-lighted the signifi-

cance of data-driven decision-making, advocating for a fac-tual approach towards sustainable towards sustainable development and profitability. Dr. Nadeen Akhtar, CEO of HCC, KP, stressed the importance of research with a focused and goal-oriented approach to make a difference in disease control and management, Prof. management, Prof. Hafizur Dr. Hafizur Rahaman, Dean PMC, advocated for a holistic approach to deal with human health and lauded the efforts of the conference organiz-



PESHAWAR: Prof. Dr Zahoor Ahmad Swati cutting ribbon to inaugurate 17th National Undergraduate Medical Research Conference 2020 at PMC here on Wednesday.











### يكل كالح مين قوى انذرريس كانفرنس افتتاح

ك جيف الريخيد واكر عدم كيت آف آز دوران عقف مركزيان جن ش كود عد كان ورفير واكر عيد الرين والريخ يد بينورو في كران ويروع كل ميدور مثل



يرد فيسرد اكوظبورا حدسواتي بادرميد يكل كافي ش 17 وي قرى الدريس كافران كالتاح كردب إن



## پشاور، 17 ویں قومی انڈر گریجویٹ ریسرچ کانفرنس

ميرا شہر | پشاور | 07 مارچ ، 2024









پشاور (خصوصی نامہ نگار) پشاور میڈیکل کالج میں دو روزہ 17 ویں قومی انڈر گریجویٹ ریسرچ کانفرنس شروع ہوگئی، ماہر تعلیم اور محقق پروفیسر

## ادوپوائنط

## قومی انڈرگر بجیٹ میڈیکل ریسرچ کانفرنس اختتام پذیر ہوئی۔

يثاور أردو يواننك اخبارتازه ترين - آن لائن ـ 88 مارچ 2024ء) 17 ویں نیشنل انڈر گر بجیٹ میڈیکل ریسرچ کانفرنس پشاور میڈیکل کالج میں طبی تحقیق کے فروغ اور معاشرے کی بہتری کے لیے بروئے کار لانے کے عزم کے ساتھ افتتام پذیر ہوئی۔رفاہ انرنیشنل یونیورسی کے وائس جانسلر پر وفیسر ڈاکٹر انیں احد اختتامی تقریب کے مہان خصوصی تھے۔ اس موقع پر سی ای او ڈاکٹر افتار حین، پی ایم سی کے ڈین روفعہ ڈاکٹر حفیظ الرحمن الگریکٹر ڈائر کٹر روفعہ روز نامد يفامات ، يفاور ، بفته 90 مارية 2024 م





ویں بیٹش افدر کربھیت میڈیکل ریری کانفرنس بیٹاور میڈیکل کائی میں طبی تحقیق کے فروغ کے عزم کیا تھ افتقام پذ

اور مخلف کھنٹی اور چئی سیٹھو شدا تصدابا ۔ یہ دفیر واکٹر ایش احد نے اعلی بس سائی ترقی کے لیے سائنسی جیش کی انبیادی ایسے پر زوردیا۔ مخلف حقیقی اور ملی سرکرمیوں میں نبایال پوزیشن سامل کرنے والوں میں انعامات تقلیم کے سے بھیلی کانٹونس نے شرکا اور اپنی (باتی صلے کا جیشنی کے بھیلی

یٹا ور ( جنرل رپورٹر ) رفاہ اعترائیس میشورٹی کے تھے۔ مک بھر کے متناز تعلیمی ادارہ اس کے حقیقیں ا وائیں میاشلر پروشیر دائم ایش اجرائیس کی تقریب اور طابع نے کا فقس میں عزائے گا کی کا قوال پیاور نے کے مہان خصوسی تھے۔ اس موقع پری ای او داکائر میڈ کے این کے شہد انٹر کر بجائے نے میں میڈ بکل ریسری کے اگار سمین نے امام کا کے این پروشیر واکٹر میڈ کے کے زیم اجتمام نی انٹری دیشاورڈ شکل کائی ادارہ دیکھو افراد میں ایک کی کا اگر کی ایس میں دو اکثر میڈ کے ساتھ ایک کے استواک سے مشتقد کی کی کا قواس افراد میں کی دو فیر داکٹر کی ایک میں موجود شدہ تو ان تنقیق کے اپنے فقیلی کا دھور کو ویڈی کیا

## The Voice of the Time Saturday See 3.1.1.

### UMR concluded at PMC

TIMES REPORT

PESHAWAR: The ayth National Undergraduate Medical Research Conference (UMR) concluded on a high note at Peshawar Medical Peshawar, bringing together adiverse array of young researchers, esteemed educators and professionals.

The event show-cased groundbreaking research and underscored a commitment to harnessing scientific inquiry for the betterment of society.

society.

Prominent figures in the field graced the occasion, with Prof. Dr. Anis Ahmad, Vice-Chancellor of Riphah International University, as the chief guest of the

closing ceremony.
Dr. Iftikhar
Hussain, CEO, Prof.
Dr. Háfizur
Rahman, Dean
PMC and Prof. Dr.
Saeed Anwar,
Executive Director,
Prof. Dr. Aman
Khan, Principal
PMC, and Prof. Dr.
Shamim Akhtar,
Principal, PDC were

also in attendance.
Students and faculty from leading academic institutions across the country gathered to witness the enlightening exchange of

knowledge ar ideas. Prof. D

Prof. Dr.
Mohammad Irfan,
Dr. Hala Rajab,
Director of UMR and
Abdullah Kamil
Khalil spoke on the
occasion. The event was

conducted under the auspices of the Department of Undergraduate Medical Research at Peshawar Medical in collaboration with PMC, Peshawar Dental College, and Rufaidah Nursing College.



## OBSERVER

## 7th National UMR conference concludes

STAFF REPORTER

PESHAWAR

The 17th National Undergraduate Medical Research Conference (UMR) concluded on a high nota the Peshawar, bringing together a diverse array of young researchers, esteemed educators and professionals. The event showcased ground-breaking research and underscored a commitment to harnessing scientific inquiry for the betterment of society.

Prominent figures in the field graced the occasion, with Prof. Dr. Anis Ahmad, Vice-Chancellor of Riphah International University, as the chief guest of the closing ceremony. Dr. Iftikhar

Hussain, CEO, Prof. Dr. Haffzur Rahman, Dean, PMC and Prof. Dr. Saeed Anwar, Executive Director, Prof. Dr. Aman Khan, Principal , PMC, and Prof. Dr. Shamim Akhtar, Principal , PDC were also in attendance. Students and faculty from leading academic institutions across the country gathered to witness the enlightening exchange of knowledge and ideas.

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Prof. Dr. Mohammad
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The event was conducted under the auspices of
the Department of Undergraduate Medical Research at Peshawar Medical in collaboration with
PMC, Peshawar Dental
College, and Rufaidah
Nursing College.

### Statesman

Peshawar

### 17th national research conference at Peshawar Medical College begins

Statesman Report PESHAWAR: Two-Day 17th National Under Research Conference inaugurated at Peshawar Medical College here on Wednesday.

he

Eminent educationist and researcher Professor Dr. Zahoor Ahmad Swati, the Chief Executive of the Healthcare Commission was the chief guest of the inauguration ceremony. Dean of Peshawar Medical College Professor Dr. Hafeezur Rahman, Executive Director Prof. Dr. Saeed Anwar, Principal Prof. Dr. Muhammad, eminent experts including Aman Khan and Principal

Peshawar Dental College Professor Shamim Akhtar, doctors and researchers participated in the event.

Research conference

of various medical institutions of the country organized to bring together emerging researchers from institutes and universities. It aims to present young researchers with their research work and to provide opportunities to benefit from each other's experiences.

Dr. Zahoor Swati, Dr. Nadeem, Shahid Warsi, Professor Hafeezur Rahman and Dr Hala Rajab addressed the ceremony.



Undergraduate Medical Research Conference ends

the bull Reporter — March #1,2

404

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e

PESHAWAR - The 17th National Undergraduate Medical Research Conference (UMR) concluded successfully at Peshawar Medical, uniting young researchers, educators, and professionals. The event highlighted groundbreaking research and demonstrated a commitment to leveraging scientific inquiry for societal improvement. Prof Dr Anis Ahmad, Vice-Chancellor of Riphah International University, graced the occasion as the chief guest for the closing ceremony.

In attendance were Dr Iftikhar Hussain, CEO, Prof Dr Hafizur Rahman, Dean, PMC, Prof Dr Saeed Anwar, Executive Director, Prof Dr Aman Khan, Principal, PMC, and Prof Dr Shamim Akhtar, Principal, PDC. Students and faculty

Conference on constraint substantial substantial

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## ASIA Certified

#### 253 gold medals shine bright at convocation 2024 for PMC, PDC, RNČ Graduates

جارجکہ مثاطا ہر، لائیہ جلال، ماہنور فاطمہ اورثمرین، مائشصہ یقہ، رشہ خالد نے تین تنجی جبکہ ملائکہ خان اور گال مؤراور ہاجرہ

الله، رابدرتيم ، رابداخشام في 2، عميدل عاصل كالا لمرح عظیر تشراد ،احمد تمار تنگ ،طارق عزیز ،حراز مان ،حراطام په عظمي شاچن، غز اله زرين ، آمنه لي لي، فريال وفاتت، نائله می مثالی کارکردگی برتند المالی ای ای کارواکش عباس سليم خان

ر فیق، مثاشا کامران، الخاز احم، اطفاق احمد اور مار مد منیف کوبهترین مختلق کا دشن مے طلائی تمیفے دیئے گئے ۔ کانویکشن 2024 کا انعقاد تفلیح میدان ش بهترین کارکردگی کے مال گریجیش کی حوصله فزائی کے لئے کیا گیا تھا۔ اس کا متعد کن ماستقامت اور علم کی ایمیت کواجا گرکرنا تھا۔



## 253 medals conferred on medical, dental, nursing graduates

#### **Bureau report**

PESHAWAR: As many as 253 gold medals were awarded at the 2024 convocation of the Peshawar Medical College, Peshawar Dental Col- cluded BDS graduate Faima lege, and Rufaidah Nursing Fawzan receiving 13 gold College (RNC), all affiliated medals, followed by Khansa with Riphah International University.

ulty members, parents, and the MBBS graduates, Hafiza graduates attended the event. Brof Dr Anis Ahmad, Vice- markable 10 medalsusfol-Chancellor of Riphah Inter-lowed by Bibi Maryam and national Lyinersityowas chief Hammad Khalil with nine guest while other dignitaries medals each. such as Prof Dr Najibul Haq, Patron of Prime Foundation, and Dr Iftikhar Husain, CEO,

and administered the oath. In humanity with professional of Almighty Allah. Graduates ceived medals.

from various sessions of PMC, PDC, and RNC were honoured with degrees and medals, recognising their hard work and dedication.

Notable achievements inwith 12, and Lalina Taj Hameed and Omama Gul-e-Distinguished guests, fac- Lala with nine each. Among Ayesha Jawaid clinched a re-

Among the BS nursing graduates, Mehrun Nisa, Habib Ur Rahman, Sara Philwere also present.

The chief guest conferred boos, Rumman Khan, Zohaib Sami, and Muhammad degrees upon the graduates Usman received distinctions, while post-nursing graduates his address, he urged the Sumbal Waris, Uzma Shamedical graduates to serve heen, Ghazala Zarin, Amna Bibi, Faryal Rafqat, Naila excellence for the pleasure Mohib, and Alamzeb also re-

## The Voice of the Time DAILY T

Monday

April 22, 2024

Shawwal 13 1444 A.H. Peshewar ' Rewalpind

### 253 Gold Medals awarded at Convocation 2024 for PMC, PDC, and RNC Graduates

PESHAWAR

The Convocation 2024 held on Saturday in Peshawar was a grand affair, marking a significant mile-stone in the academic journey of graduates from Feshawar Medical College (PMC) Feshawar (PMC), Feshawa, Dental College (PDC), and Rufaidah Nursing (RNC), all College (RNC), all affiliated with Riphah



artiliared with Riphab In ternation at 10 near University. The event was graced by distinguished guests, faculty members, parents, or Principal of PDC, hon-fessional excellence receiving thirteen Saljad six each, gold medals each, Zohab Samil, and guished guests, faculty members, parents, or Principal of PDC, hon-fessional excellence receiving thirteen Saljad six each, gold medals each, Zohab Samil, and Ordina Samil, and International CEO, Prof. Dr. Vice-Chanceller of various sessions of telephone the Principal attention of various sessions of telephone the telephone tel

medals, while Ishrat medais, while isriat Fatima, Momina Rahman, Zahnab Yousfi, and Maria Saqib each earned 5 medals. Syed Owals Ali Shah received 4 medals, while Zia Ullah, Rabia Rahim, and Rabeea Estesham and Rabeea Intesham received 2 medals each. Among the Nursing graduates who received distinc-tions in 85 Nursing were Mehrun Nisa, Habib Ur Rahman, Sara Philboos, Rumman Khan

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#### Riphah University holds convocation, degrees conferred upon graduates





PESHAWAR Convocation 2024 on Saturday held by marking a significant milestone in the academic journey of graduates from Peshawar Medical College,

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#### Pakistan OBSERVER

Sunday, April 21, 2024

#### Riphah Varsity VC awards degrees to graduates, administers oath

STAFF REPORTER

PESHAWAR

PESIAWAR

Two hundred and fifty three Gold Medals Shine Bright at Convocation 2024 for PMC, PDC, and RNC Graduates held on Saturday in Peshawar was a marking a significant milestone in the academic journey of graduates from Peshawar Medical College (PMC), and Rufaidah Nursing College (RNC), all affiliated with Riphah International University. The event was graced by distinguished guests, faculty members, parents, and accomplished graduates. The Chief Guest, Prof. Dr. Anis Ahmad, Vice-Chancellor of Riphah International University, along with other dignitaries such as Prof. Dr. Najied Haq, Patron of Prime Foundation, Dr. Hükher Hussin, CEO, Prof. Dr. Hafecur Rahman, Dean of PMC, Prof. Dr. Saced Anwar, Executive Director, Prof. Dr. Mohammad Aman Khan, Principal of PMC, and Prof. Dr. Shaminn Akhtar, Principal of PDC, honored the occasion.

The Chief Guest and the Vice-Chancellor of Riphah University conferred degrees upon the graduates and administered the oath. In his address, he urged the medical graduates to serve humanity with professional excellence for the pleasure of Allah. Graduates from various sessions of PMC, PDC, and RNC were conferred degrees and medals, recognizing their hard work and dedication. Notable achievements included BDS graduate Faima Fawzan receiving thirteen gold medals, fol-

lowed by Khansa with twelve, Lalina Taj Hameed and Omama Gul-e-Lala with nine each, Zainab Noor, Amina Akhtar, Alina Ali, Shagufita Naz, Amina

ital yitamineed and omitanti dujie-t-alia with nine each, Zalinah Noor, Amina Akhtar, Alina Ali, Shaguffa Naz, With Guri each, Hiba Saljad six each, Sunira Inayat, Sara Danish, and Hamna Afraz with four each, Hina Tahir, Laiba Jalal, Mahnoor Fatima, Samreen, Ayesha Siddiqa, and Rasha Khalid with three each, and Malaika Khan and Gulalai Noor with two gold medals each.

MBBS graduates, Hafiza Ayesha Jawaid clinched a remarkable 10 medals, followed by Bibi Maryam and Hammad Khalil with 9 medals each and Muhammad Qusim Saff with 8 medals. Syeda Tabreek Motahir achieved 6 medals, while Ishrat Fatima, Momina Rahman, Zainab Yousti, and Maria Saqib each earned 5 medals, syed Owais Ali Shah received 4 medals, while Ziu Ilbah, Rabia Rahim, and Rabeea Iltesham received 2 medals each. Among the Nursing graduates who received distinctions in BS Nursing were Mehrun Nisa, Habib Ur Rahman, Sara Philiboos, Rumman Khan, Zoshaib Sami, and Muhammad Usman. Post-Nursing graduates Sumbal Warie, Lyma Shaheen, Ghazala Zarin, Amna Bibi, Faryal Rafqat, Nalia Mohib, and Alamzeb also received medals for their exemplary performance.

The Convocation of 2024 was a testament to the commitment to excellence in education and the remarkable achievements of the graduating students. Their accomplishments serve as an inspiration to future generations, underscoring the importance of dedication, perseverance, and academic excellence in shaping a brighter future.



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طف لیا این خطاب میں پر فیر ایس نے مریجیش مافقہ مائٹہ جادیہ نے 10 مناد فارخ ہونے والے کریجیش کو کی افرانیت کی مطیل اور ای ایسریم نے کو دوجہ ہام صالی نے

نلی سفرکا کامیاب احتام حالب ملم کے فرق راهمیتان کامیب بوتا ہے طبح الفاق اللہ کے کہ کہا ہے طروش اندائی کی سکت اور اور خاطرت کا طرف اور موشد رحمان دندب بی کی مدیدہ آت باور والدین دولوں کا ایک مین خواب بوتا انسانوں کے ساتھ فرق ہے جیش آئم کر شعوری کے 5.5 میدوادی مل طاق نے بار مقیاء اللہ ويكن بهت كم خواق تست الي موت بين كد مسلمان موت كا جوت دي ادرايل دنوى رابدرهم ، رابدانشام في 2، عميل

ربورث:عطاءالحق



ن كابي خاب شرعند تعيير موسك اور يحرجن كا زعر ك اخرى اخرى اعدى عامل كار ما الله كار مظهر شخراد واحد عار وفك

ن و پر و اب مرحدہ جیرو سے اور چرس و از دی اور چرس و اس ام اجت کر سالان کا سال سے ساتا کر من سیم جرود اما کہ دل کی سور چیس شاکدا دار کے دائر پر کیا کے دو اللہ میں اس اس کی کار داو و خیرات کی المیان اور جروز ادار اس اور اور جا کی کار اور انداز کے ایس کی بنداتی میں اس کے حصول کا اس میں کیلے کہاں اور اور اور اور اس ایسان امان فضل نے ایک با طروات اور انداز کی ایس کی مقداد ریام کے افزر ہر میں بھی اور میڈیکل کارٹی جیالا کی کھائی تبدد مامل کیا ہے اور انداز کی سالان کی اس کی اس کی اس کی اس کار میں اس میں اس کا در اور انداز کی سالان کی اس کی در انداز میں میں اس کی اس کی در انداز میں میں اس کار میں میں اس کی در انداز میں کی کھائی جیسود کر کرچیش میراندا ، جیب ارتحان مارد کا در کاروز کی کھائی جیسود کر کرچیش میراندا ، جیب ارتحان میں مارد در میں کاروز کی در کرچیش میں میراندا ، جیب ارتحان میں مارد در کاروز کی دور کرچیش کی کرچیش کی افزاد انداز اس میں کہ دور انداز اس میں کر انداز ، جیب ارتحان میں کاروز کی دور کرچیش کی کرچیش کی کھائے کھائے کہا کہ دور انداز کر کرچیش کی کرچیش کرچیش کی کرچیش کی کرچیش کرچیش کرچیش کرچیش کی کرچیش کرچیش کرچیش کرچیش کی کرچیش کی کرچیش کرچیش کی کرچیش کرچی ور من سے در اہمام ہے والے بچادد 3- مان ادار کیدور مشاناتی کے تلف میشود کر بچیس مواقعا، حمید الرحان مادد پر فیل کائی بیٹارد فیل کائی ادار نیدور منگ ہے قار کی ور نے والے کر پیش کی ان کی تحت کم میں ادان و درسیہ سے ادر مجد من کاک ان کے کا کوئیش کے 2022ء میں ویکھنے کے اور کش کے احزاف میں میڈاز سے آوادا کیا تی میں میڈل سے درسک کر بجائے نہ مثل میں میں 2022ء کر پیش کوئان کی شامار تھلی کا کی ایس کر بجائے قائل فوذان نے جو کوئل کر بجیش مثل وارث مقلی شاہون موال



ن جے برائم فاؤندیش کے مریات طرح خانسے بادہ اللائد تاج مید الماری عالم دیب کوئی شال کا رکر کی برخد طال فی انگا بضروا کو جیب افتی چید با تیز بخیروا کو افکار الانسان الدے اور دنٹ اور از مسافر علی ملکند کی سازہ اکو افکار یں، چادر میڈیکل کائے کے وی بروفیر ناور آ مذاخر انت ورئے آئے آئے مہاجاد مالرد واکر ڈاکر ڈاکر ڈاکر ڈیس واکر مامرا افریط الرحن، انگریکیر وائر کیٹر پروفیر نے جد اجرا حابت، مارہ وائل نے ادر حیات افوان واکر رفعت میم، واکر 

اركدكى بركلا ميلا ب فالا كارات ميلاك ماقد لمال عام مامل كيارى وريء مد إلى فاركال الاقت ما كلوب الدريد المالي الما ريجيش تيسيول يرجب طلائي تمض جائ رے تقاتو والدین کے ساتھ ان معاروں کی بی و کھنے کے قاتل تھی جنیوں خدمت سے شار معاری بایرین پردان پرمانے کے مور بندی کی می اورجن کے سامنے ان کا اب حقيقت بن كرموجود تفار تقريب بي معزز اب هیقت بی اموجود قدار نفر به بیمی معوز مانوں، فیکٹی ممبران، دالدین اور کامیاب ریجیس نے شرکت کی۔ تشہم اسادی اس زیب کے مہمان ضوعی رفاہ انتریشش زیری کے وائی طامروساز ماہرتیم پردفیسر گزاری اس میں طرحساز ماہرتیم پردفیسر گزاری اس میں تھی میں آف آ فراسداللہ



چەد ( بزل ، برد ) ، بىلەدە تۇنىلى چەندى سەلەند كەركىنىڭ ، چەندى ئەستىرە دەن ئەركىنىڭ ، چەندى ئەستىرە دەن ئەردە چەدە بەيدى قىلىنىڭ چەددە قىلىنىڭ ئەرگەرلىكى ئەردىكى ئەردىكى ئەردىكى ئەردۇ كىلىنى ئەردۇ كىلىنىڭ بەردىكى ئەردۇ كىلىنىڭ ئەردىكى ئەردۇ كىلىنىڭ ئاردۇ كىلىنىڭ كىلىنىڭ ئاردۇ كىلىنىڭ ئ





Daily 92News Peshawar, Sunday, April 21, 2024



إينكل كائع اور رفيده فرستك كائع كالوكيش كالمحقدية ورميذ يكل كائع ، يداورة ينكل كائع اوروفيده الفقادكيا كياء بونيار كريجيش عن 253 كولد زسك كالح كراياتي صفحه 3 نير 1 1)

لالباكارول في تمام 7 افراد كو بحفاظت درياك تيز ول عديما كر محلوظ مقام يرتعقل كرديا-





چاور كيس ريورل رقاد انزينل بيضوئ سيد تي درية كلكافي بيادر وقتل كافي ادر ديد وزينك كافريش 2024عي 253 كريم شرك الى (بير 61 مل 6)





يناه رميذ يكل كالح بين منعقده مالاتكافه يكش كموقع باما مده كاكامياب طلب عرادكره

نے والے کر بچویش د کمی انسانیت کی خدمت اور بہترین پیشدوراندرومیا بنائی ، ڈاکٹر ایس اجم

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